

PROMOTION VALID FROM 8 May 2024 TO 21 May 2024

Wanna WIN A CAR

with **SPAR**



Competition ends 2 June 2024



SPAR
EXTRA SHELF LIFE
FULL CREAM FRESH MILK
ULTRA PASTEURISED
KEEP REFRIGERATED

SPAR
Extra Shelf Life
Full Cream or
Low Fat
Milk
2 litre

34⁹⁹ each

As good as the best for less

Excella
SUNFLOWER OIL
2 litre

Excella
Sunflower Oil
2 litre

59⁹⁹ each

Hulett's
White Sugar
2.5kg

Hulett's
White Sugar
2.5kg

49⁹⁹ each

WITH **Rewards** CARD

AS SEEN ON TV

BUY ME TO WIN

BOKOMO WEET-BIX
WHOLEGRAIN WHEAT BISCUITS

Bokomo
Weet-bix
Original Only
450 g

24⁹⁹ each
Save R12

BUY ME TO WIN

AS SEEN ON TV

TASTIC
LONG GRAIN PARBOILED RICE
Perfect Every Time.

Tastic
Long Grain
Parboiled,
Wholegrain or
Soft and
Absorbing Rice
2 kg

39⁹⁹ each

Save R7
WITH **Rewards** CARD

Sunlight
2in1
AUTO
SUMMER SENSATIONS
30 LOADS

Sunlight
2in1
CLEAN & LIGHT FRESH FRAGRANCE
NEW IMPROVED

Sunlight
Auto
2in1
Washing Powder
3 kg
or Auto Liquid
2 litre

94⁹⁹ each

HUGGIES
dry comfort
nappies

HUGGIES
dry comfort
pants

Nappies
Junior 5 56s
Maxi+ 4 + 60s
Midi 3 76s or
Mini S2 94s

Pants
Size 3 68s
Size 4 56s
Size 5 50s or
Size 6 46s

Huggies
Dry comfort
Jumbo Pack
Nappies or Pants

199⁹⁹ per pack

WITH **Rewards** CARD



More flavour & more savings



SPAR
Your Butcher
Bulk
Beef Mince

89⁹⁹ per kg

SPAR
Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

SC_SSR3209

Specials available at selected **SUPERSPAR** and **SPAR** stores (excluding **KWIKSPAR** and **SPAR Express** stores) from 08 May up to and including 21 May 2024, while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

SPAR



Baker's Selection



SPAR Bakery Trifling Cakes Assorted

69⁹⁹ each



SPAR Bakery Muffins 4s Assorted

34⁹⁹ per pack



SPAR Bakery Croissants 8s

69⁹⁹ per pack



SPAR Bakery Panini 6s

32⁹⁹ per pack

Fresh Produce



SPAR freshline Banana 750 g

14⁹⁹ per pack



SPAR freshline Oranges 1.5 kg

21⁹⁹ each



SPAR freshline Diced Butternut or Pumpkin 500 g

BUY ANY 2 FOR 40⁰⁰



SPAR freshline Lettuce Head

14⁹⁹ each



SPAR freshline Sweet Potato 1 kg

16⁹⁹ per pack



SPAR freshline Peeled Onions 1 kg

22⁹⁹ per pack

Butcher's Best



SPAR Your Butcher Grabouw Boerewors

99⁹⁹ per kg



SPAR Your Butcher Chicken Star Pack 4 Drumsticks and 4 Thighs

64⁹⁹ per kg



SPAR Your Butcher Tenderised Beef

109⁹⁹ per kg



SPAR Tender and Tasty Beef Texan Steak

99⁹⁹ per kg



SPAR Tender and Tasty Back, Shoulder or Streaky Bacon 650 g

109⁹⁹ each

Save R20 WITH RewardsCARD

Take Away



The Food Stall Mini Quiche Assorted

59⁹⁹ each



Available at the Food STALL. Only at SPAR.



Small Hunger



3 STICKY WINGS & CHIPS BBQ, Peri Peri, or Sweet and Sticky*

32⁹⁰

8 - 21 May 2024

The SPAR & TOPS you love, now online! **2U** DOWNLOAD NOW ON



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It's not just

SPAR
French
Polony
2 kg

FOR ONLY

49⁹⁹
each

Save R27
WITH Rewards CARD

As good as the best for less

BUY ME TO WIN

AS SEEN ON TV



It's so much more!



That's why
we SHOP at
SPAR

Fridge Savings

Blue Ribbon
Classic White
Sliced Bread
700 g

15⁹⁹
each

WITH Rewards CARD

D'Lite
Medium Fat
Spread
Brick
500 g

12⁹⁹
each

Elite
TUSSELS
FULL CREAM CHEESE
SAFE-HAND CHEESE
1000 g

Clover
Cheddar,
Gouda
or Tusseles
Cheese
800 g

109⁹⁹
each

SPAR
Cheddar or Gouda
Vacuum Packed
Cheese
400 g

59⁹⁹
per pack

As good as the best for less

BUY ME TO WIN AS SEEN ON TV

SPAR
Smoked or Red
Viennas
(Excl. Chilli,
Cheese and
Chicken)
500 g

36⁹⁹
per pack

Save R16
WITH Rewards CARD

As good as the best for less

The Laughing Cow
Cheese Wedges
120 g
Assorted

28⁹⁹
per pack

SPAR
Processed
Individually
Wrapped
Cheddar or
Gouda
Cheese Slices
400 g

49⁹⁹
per pack

As good as the best for less

NutriDay
SMOOTH & CREAMY
low fat
strawberry
flavoured
dairy
snack
900 g

Danone
Nutriday
Plain, Fruit or
Smooth Yoghurt
900 g
Assorted

28⁹⁹
each

SPAR
Medium Fat
Maas
2 kg

28⁹⁹
each

As good as the best for less

SPAR
Extra Large
Eggs
18s

57⁹⁹
per pack

As good as the best for less

Freezer Savings

BUY ME TO WIN DOUBLE MONEY BACK QUALITY GUARANTEED

SPAR
FROZEN
CHICKEN
MIXED PORTIONS WITH A
BRINE BASED MIXTURE
4 kg

SPAR
Frozen Mixed
Chicken
Portions
4 kg

149⁹⁹
per pack

As good as the best for less

SPAR
Choice Grade
GARDEN PEAS
WHOLE GREEN PEAS
KEEP FROZEN
1 kg

SPAR
Frozen
Garden Peas
1 kg

42⁹⁹
each

As good as the best for less

SPAR
Choice Grade
Cauliflower and
Broccoli Mix
1 kg

SPAR
Frozen
Cauliflower &
Broccoli
1 kg

51⁹⁹
each

As good as the best for less

SPAR
Choice Grade
Sweetcorn
CUT DIRECTION KIBBLES
KEEP FROZEN
1 kg

SPAR
Frozen
Sweetcorn
1 kg

36⁹⁹
each

As good as the best for less

SPAR
Choice Grade
Stew Mix
250 g

SPAR
Choice Grade
Mixed
Vegetables
250 g

SPAR
Frozen Veg
or Stirfry
250 g
Assorted

BUY ANY 4 FOR

48⁰⁰

As good as the best for less

SPAR
Choice Grade
Potato Chips
Crinkle Cut
Suitable to
Oven Bake
1 kg

SPAR
Frozen
Skinny Fries, Slap
Chips,
Crinkle Cut or
Straight Cut
Oven Bake Chips
1 kg

41⁹⁹
per pack

As good as the best for less

Mama's
PIES
Steak &
Kidney
6 PIES

Mama's
Pies
6s
Assorted

104⁹⁹
per box

I&J
BATTERCRISP
Hake Portions
400 g
Assorted

69⁹⁹
each

Hake Fish Fingers
400 g

SPAR
Crumbed
Hake
Fish Fingers
400 g

39⁹⁹
each

As good as the best for less

Gino Genelli
HAZELNUT PRALINE
1.4 litre
Assorted

92⁹⁹
each

Ola
Cornetto
120 ml / 125 ml
Assorted

BUY ANY 2 FOR

38⁰⁰



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It's not just

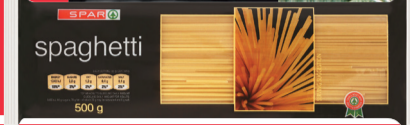
SPAR
Macaroni or
Spaghetti
500 g

BUY ANY
2
FOR

FOR ONLY
28⁰⁰

As good as the best for less

BUY ME
TO WIN



It's so much more!

That's why
we SHOP at
SPAR

Pantry Savings

BUY ME
TO WIN



SPAR
Super
Maize Meal
5 kg

44⁹⁹
each

As good as the best for less

BUY ME
TO WIN



SPAR
Long Grain
Parboiled Rice
10 kg

169⁹⁹
each

As good as the best for less



B-well
Canola Oil
2 litre

59⁹⁹
each



SPAR
Instant
Noodles
5 x 70 g
Assorted

BUY ANY
2
FOR

40⁰⁰

As good as the best for less

Breakfast Savings

BUY ME
TO WIN



SPAR
Golden
Corn Flakes
1 kg

47⁹⁹
each

As good as the best for less



Future Life
Smart Food
(Excl. Hi
Protein)
Instant Cereal
375 g / 500 g
Assorted

42⁹⁹
each



Kellogg's
Coco Pops,
Chocos, Big 5 or
Strawberry Pops
(Includes
Crunchers) Cereal
(Excl. Froot Loops)
340 g / 350 g
Assorted

41⁹⁹
each



Jacobs
Instant
Cappuccino Sticks
(Incl. Ice Range)
8s / 10s
Assorted

64⁹⁹
per pack



Joko
Tagless
Teabags
100s

49⁹⁹
per pack

BUY ME
TO WIN



Douwe Egberts
Instant Coffee
200 g
Assorted

159⁹⁹
each



Selati
Golden Brown
Sugar
2 kg

42⁹⁹
each



Rhodes
Jam
Apricot or Mixed Fruit
900 g

34⁹⁹
each

WITH Rewards CARD



Nescafé
Ricoffy Tin
(Excl. Decaf)
250 g

59⁹⁹
each



Nestlé
Nespray
850 g

112⁹⁹
each

WITH Rewards CARD



Black Cat
Peanut Butter
400 g
Assorted

39⁹⁹
each



Ouma
Rusks
450 g / 500 g
Assorted

43⁹⁹
each



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50 Hyundai Grand i10 Sedans TO BE WON

with **SPAR**



HOW TO ENTER:

STEP 1

Buy any participating product.

STEP 2

Swipe your NEW Rewards card and you could be a WINNER!

Competition ends 2 June 2024.

Exclusive to SPAR Rewards customers

Grocery Savings



Rhodes Tomato & Onion Mix or Gravy 410 g

15⁹⁹ each

WITH Rewards CARD



Rhodes Baked Beans in Tomato Sauce 410 g

BUY 2 FOR 30⁰⁰



Rhodes Cream Style Sweetcorn 420 g

18⁹⁹ each

WITH Rewards CARD



Bull Brand Curried Mince with Vegetables 400 g

23⁹⁹ each

WITH Rewards CARD



SPAR Pilchards In Tomato or Chilli Sauce 400 g

22⁹⁹ each

As good as the best for less



Robertson's Rajah Curry Powder 50 g Assorted

12⁹⁹ each



Rhodes Tomato Paste 50 g

BUY 4 FOR 20⁰⁰

WITH Rewards CARD



Imana Packet Sauce or Gravy 34 g / 38 g Assorted

BUY ANY 4 FOR 30⁰⁰



Royco Dry Cook-in-Sauce 37 g - 55 g Assorted

BUY ANY 2 FOR 32⁰⁰



Crosse & Blackwell Tangy or Creamy Mayonnaise 750 g

43⁹⁹ each

Baking Essentials



Clover Vanilla Custard 1 kg

24⁹⁹ each



Sasko Cake Wheat Flour 2.5 kg

35⁹⁹ each



Snowflake Cake Wheat Flour 10 kg

139⁹⁹ each



SHOP
Spend R100 and get a MasterChef sticker.

COLLECT
Fill your collector card with 15 stickers.

SAVE UP TO 70%
MasterChef THE TV SERIES
Collect the full range

The SPAR & TOPS you love, now online!

DOWNLOAD NOW ON

Available on the App Store

GET IT ON Google Play

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It's not just

Rhodes
100% Fruit Juice
Blend
1 Litre
Assorted



FOR ONLY
50⁰⁰
WITH Rewards CARD

It's so much more!

That's why
we SHOP at
SPAR

Snacks and Beverages



Beacon or Maynards
Gums, Jelly, Chews,
Fruit Pastilles or
Allsorts 125 g
or Liquorice 150 g



23⁹⁹
each



Cadbury
Chocolate
Slabs Includes
Bubbly (Excl.
Oreo)
150 g
Assorted

32⁹⁹
each



Bakers
Blue Label
Marie Biscuits
200 g
Assorted

15⁹⁹
per pack



Cadbury
Crunchie 40 g,
Astros 40 g,
5 Star 48.5 g,
Lunch Bar 48 g,
PS. 48 g,
Oreo Enrobed
(Excl. PS. Duo and Bubbly)

BUY ANY
2 FOR
18⁰⁰
Save R10
WITH Rewards CARD



De Vries
Ginger
Biscuits
200 g

12⁹⁹
per pack



Doritos
Corn Chips
145 g
Assorted

BUY ANY
2 FOR
40⁰⁰



Simba
NikNaks
135 g
Assorted

BUY ANY
2 FOR
26⁰⁰



Energade
Sports Drink
(Incl. Zero)
500 ml
Assorted

BUY ANY
2 FOR
20⁰⁰



Power Play
Energy Drink
440 ml
Assorted

BUY ANY
2 FOR
22⁰⁰



Appletiser or
Grapetiser
1,25 litre

34⁹⁹
each



Pepsi Regular,
7 up, Mirinda or
Mountain Dew
Soft Drink
2 litre

BUY ANY
2 FOR
30⁰⁰
WITH Rewards CARD



aQuellè
Natural Still or
Sparkling
Spring
Water
1,5 litre

BUY ANY
2 FOR
18⁰⁰



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See our wine selection in -store

It's not just

Sunlight
Dishwashing Liquid
Refill Pouch
750 ml

24⁹⁹ each
Save R7

FOR ONLY



It's so much more!

That's why
we SHOP at
SPAR

Cleaning Essentials

42⁹⁹ each
As good as the best for less

Home Care By SPAR
All Purpose Cleaner
750 ml Assorted

21⁹⁹ each
As good as the best for less

Jeyes
Homeguard Thick Bleach
750 ml Assorted

23⁹⁹ each

Pro Wash
Laundry Bar
500 g Assorted

15⁹⁹ each
As good as the best for less

Comfort
Fabric Conditioner
800 ml Assorted

48⁹⁹ each

SPAR
Swing Bin Liners
20s

35⁹⁹ per pack
As good as the best for less

Airwick
Air Freshener
280 ml Assorted

BUY ANY 2 FOR 50⁰⁰

Twinsaver
Toilet Tissues
1 ply 8s

48⁹⁹ each

SPAR
Toilet Tissue
2 ply 9s

63⁹⁹ each
As good as the best for less

Gift Barrel
Plastic Multi Purpose Container with Cup
10 litre

59⁹⁹ per set

Gift Barrel
Black Bucket
9 litre

17⁹⁹ each

Haz
2 Bar Quartz Heater

259⁹⁹ each

Duracell
Plus Alkaline Batteries
AAA or AA 12s

149⁹⁹ per pack

Pet Care Essentials

Catmor
Cat Food
1.5 kg / 1.75 kg Assorted

69⁹⁹ each

Canine Cuisine
Dog Food Specialized Diet
4 kg Assorted

279⁹⁹ each

Canine Cuisine
Dog Food
5.5 kg / 6 kg Assorted

259⁹⁹ each

SPAR
Woof Wet Dog Food
820 g Assorted

BUY ANY 2 FOR 40⁰⁰
As good as the best for less

Beeno
Dog Treats
120 g Assorted

21⁹⁹ each

SPAR
Woof Dry Dog Food
8 kg Assorted

149⁹⁹ each
Save R30
As good as the best for less



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It's not just

Vaseline
Body Cream or Lotion
For Male or Female
(Excl. Q10 Range)
400 ml
Assorted

49⁹⁹ each
Save R27

FOR ONLY



AS SEEN ON TV

BUY ME TO WIN

It's so much more!

That's why we SHOP at **SPAR**

Personal Care Savings

Protex Hygiene Soap 150 g Assorted

BUY ANY 2 FOR **28⁰⁰**

Sensodyne Fresh Mint, Clean & Minty, Multicare, Natural White or Herbal Multicare Toothpaste 75 ml

49⁹⁹ each

Brut Anti-Perspirant Roll-On 50 ml Assorted

22⁹⁹ each

Playboy or Playgirl Anti-Perspirant Roll-On For Male or Female 50 ml Assorted

16⁹⁹ each

Yardley Body Spray for Male or Female 90 ml / 125 ml Assorted

36⁹⁹ each

Lil-Lets Smartfit Mini, Regular, Heavy, Light, Medium, Super or Super Plus Tampons 16s / 20s

21⁹⁹ per pack

Libresse Pantyliners 20s Assorted

16⁹⁹ per pack

Medicine

Compral Pain Tablets 100s **87⁹⁹** each

Panado Paracetamol Tablets 24s **29⁹⁹** each

Baby Savings

Nestle Nestum Stage 1, 2, 3 250 g **27⁹⁹** each



Now you can earn up to 15% back in eBucks at SPAR



How to earn eBucks:

1. Opt in to SPAR on the FNB or RMB Private Bank App
2. Pay with your FNB or RMB Private Bank Virtual Card
3. Exclusive to FNB Private Clients, Private Wealth and RMB Private Bank clients

Pay with your virtual card

Terms, conditions and earn rules apply.

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Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on /myspar

