

Afford MORE in 2024

Be 1 of 10 000
INSTANT winners!



26 December 2023 - 6 February 2024



AS SEEN ON TV

SPAR UHT Long Life Milk 6 x 1 litre Assorted

89⁹⁹ per pack

Save R15 WITH Rewards CARD

As good as the best for less

Shop the Range

Pampers Active Jumbo Pack Disposable Nappies Size 1 (96s), Mini (94s), Midi (76s), Maxi (66s), Maxi+ (62s), Junior (52s), Junior+ (48s) & Extra Large (44s)

249⁹⁹ per pack

Save R75 WITH Rewards CARD

PRICE PER NAPPY		
PAMPERS ACTIVE JP		
MAXI+4	62s	4,19
MINI 2	94s	2,77
MAXI 4	66s	3,94
JNR 5	52s	4,99
XLRG 6	44s	5,90
SIZE 1	96s	2,71
JNR 5+	48s	5,42
MIDI 3	76s	3,42
PAMPERS PANTS JP		
XXL	35s	7,43
MAXI	60s	4,33
JUN	50s	5,20
XL	44s	5,91
MIDI	66s	3,94
PAMPERS PREM VP		
JUNIOR	44s	5,91
NEW BORN	82s	3,17
MINI	76s	3,42
MIDI	60s	4,33
MAXI	52s	4,99
XL	36s	7,22
PAMPERS PREM PANTS		
S4	50'S	5,20
S5	42'S	6,91
S6	36'S	7,22
S3	58'S	4,48

AS SEEN ON TV

Koo Baked Beans in Tomato Sauce 410 g (Excl. Lite and Variants)

28⁰⁰

BUY 2 FOR

Save R6 WITH Rewards CARD

AS SEEN ON TV

All Gold Tomato Sauce 700 ml

29⁹⁹ each

Save R10 WITH Rewards CARD

60+4 FREE*

Pampers Disposable Nappy Pants Midi (66s), Maxi (60s), Junior (50s), Extra Large (44s) or XXL (35s)

249⁹⁹ per pack

Save R75 WITH Rewards CARD

Pampers Premium Disposable Nappy Pants Size 3 (58s), Size 4 (50s), Size 5 (42s) or Size 6 (36s)

249⁹⁹ per pack

Save R90 WITH Rewards CARD

AS SEEN ON TV

Clover Tropika 2 litre Assorted

29⁹⁹ each

Save R7 WITH Rewards CARD

AS SEEN ON TV

Coca Cola Regular Only 1.5 litre

30⁰⁰

BUY 2 FOR

Save R10 WITH Rewards CARD

No1

Pampers Premium Disposable Nappies Value Pack Maxi (52s), Junior (44s), New Born (82s), Mini (76s), Midi (60s) or Extra Large (36s)

249⁹⁹ per pack

Save R100 WITH Rewards CARD

SPAR Rewards deals: Maximum 10 per customer. While stocks last.

Specials available at SUPERSPAR Crossing, Komatipoort, Longtom, Malelane, The Grove and Westend from 24 January up to and including 6 February 2024, while stocks last. We reserve the right to limit quantities. TV Products available nationally. Prices include VAT.

SPAR



SPAR
Tender & Tasty
Original Droewors,
Snapsticks or Biltong
80 g

BUY ANY 2 FOR

69⁹⁹

Save R32
WITH Rewards CARD

SPAR freshline
Crisp Heart or
Season's Value
Lettuce Pillow Pack
220 g / 300 g

19⁹⁹
per pack

SPAR freshline
Potatoes 2 kg +
Onions 1 kg +
Butternut 2s

BUY ALL FOR

75⁰⁰
per combo

New Year Fresh Savings



Your Butcher
Chicken Star Pack
(4 Thighs & 4 Drums)

64⁹⁹
per kg

Maas
Marinated
Chicken with
Zesty
Mandarin
Salad

TIP:
Tenderise
your chicken by
marinating
in Maas

Your Butcher
Chicken
Braai Pack
3s / 5s / 8s

59⁹⁹
per kg

SPAR
freshline
Potjie Pack
1 kg

39⁹⁹
per pack

SPAR
freshline
Coleslaw
350 g

14⁹⁹
per pack

SPAR
freshline
Red or White
Seedless Grapes
500 g

29⁹⁹
per punnet

SPAR
Tender & Tasty
Chicken Espetada
BBQ / Peri Peri

84⁹⁹
per kg

SPAR
Bakery
Stackers
4s
Assorted

12⁹⁹
per pack

BUY ANY 2 FOR

29⁰⁰

Save R2
WITH Rewards CARD

SPAR Bakery
Sliced White Bread
700 g

SPAR
Bakery
Muffins
Assorted
6s

49⁹⁹
per pack



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SPAR Bakery
White or Brown
Hamburger or
Hot Dog Rolls
6s

16⁹⁹
per pack

SPAR
Tender & Tasty
Braai Busters
Assorted
330 g

BUY ANY
2 FOR

79⁹⁹

Save R20
WITH Rewards CARD

SPAR
Tender & Tasty
Bacon and Cheese or Bacon,
Cheese and Chilli wors
420 g

BUY ANY
2 FOR

99⁹⁹

Save R20
WITH Rewards CARD



Your Butcher
Tenderised Steak

109⁹⁹
per kg

TIP:
Wrap or Roll
your
leftovers!

Pulled Pork
in a Spicy
Marinade &
Coleslaw

Your Butcher
Pork Shoulder or
Leg Portion Pack

59⁹⁹
per kg

Must-try
affordable
recipes this
summer

- Maas Marinated Chicken with Zesty Mandarin Salad
- Pulled Pork in a Spicy Marinade & Coleslaw
- Steak Sarmie
- Quick and Easy Bacon & Cheese Wors Pizza



Scan here
to unlock more recipes

Add more flavour to 2024

Enjoy a **symphony of summer** flavours with our **deliciously affordable spread**

Fire & Grill
Foot Long Cheesegriller Roll
with Chips

Serving Suggestion

Available at The FOOD STALL. Only at SPAR

26⁰⁰
per combo



The FOOD STALL
Ready to Eat Wraps & Rolls
Assorted



55⁹⁹
each

Save R6
WITH Rewards CARD



The SPAR & TOPS you love, now online!

SPAR
2U DOWNLOAD NOW ON



SUPERSPAR

Specials available at SUPERSPAR Crossing, Komatipoort, Longtom, Malelane, The Grove and Westend from 24 January up to and including 6 February 2024, while stocks last. We reserve the right to limit quantities. TV Products available nationally. Prices include VAT.

Make this year about the meals



Fridge Essentials



Clover Fresh Milk Jug 2 litre Assorted

32⁹⁹ each



Sunshine D Original Margarine Brick 500 g

16⁹⁹ each



Stork Country Spread 40% Fat Spread Tub 1 kg

39⁹⁹ each
Save R18 WITH RewardsCARD



Parmalat and President Prepacked Cheese 800 g / 850 g Assorted

99⁹⁹ each
Save R48 WITH RewardsCARD



President Feta Cheese 400 g Assorted

49⁹⁹ each



Lancewood Cottage Cheese 250 g Assorted

37⁹⁹ each



SPAR Processed Cheese Slices Cheddar or Gouda 400 g

52⁹⁹ per pack
As good as the best for less



Melrose Cheese Wedges 200 g Assorted

36⁹⁹ per pack



Melrose Cheese Spread 250 g Assorted

36⁹⁹ each



Rainbow Simply Chicken Polony 700 g / 1 kg Assorted

64⁹⁹ each



SPAR Hot Doggers Smoked, Red or Chicken Viennas 1 kg

57⁹⁹ each
As good as the best for less



SPAR Family Value Hamper (French Polony 2 kg, Chicken Polony 1 kg, Breakfast Fry Smokey Russians 450 g, Breakfast Fry Smoked Viennas 333 g & Breakfast Fry Chicken Viennas 333 g) 4.2 kg

159⁹⁹ each
As good as the best for less



Eskort Red or Smoked Viennas 500 g

34⁹⁹ per pack



Danone NutriDay Smooth Yoghurt 6 x 100 g Assorted

BUY ANY 2 FOR **35⁰⁰**



SPAR Low Fat Smooth Yoghurt 1 kg Assorted

29⁹⁹ each
As good as the best for less



Parmalat Steri Stumpie Flavoured Milk 350 ml Assorted

13⁹⁹ each



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Be 1 of 10 000 INSTANT winners

26 December 2023 - 6 February 2024



STEP 1
Shop at your favourite
SPAR store.

STEP 2
Swipe your new
SPAR Rewards card and
you could WIN instant
FREE shopping!



Exclusive to SPAR Rewards customers

Freezer Essentials



SPAR
Cut Green Beans
1 kg

42⁹⁹
per pack

As good as the best for less



SPAR
Frozen
Mixed Vegetables
1 kg

36⁹⁹
per pack

As good as the best for less



SPAR
Sweet Potato
Chips
750 g

34⁹⁹
each

As good as the best for less



SPAR
Country Crop
Vegetables Mix
1 kg

39⁹⁹
per pack

As good as the best for less



McCain
Frozen Chips
(Skinny Fries
or Slap Chips)
1 kg

49⁹⁹
each



SPAR
Chicken Burgers
Value Pack
(Original or Cheese)
520 g

44⁹⁹
per pack

As good as the best for less



SPAR
Mega
Crumbed
Chicken Burgers
460 g

44⁹⁹
per pack

As good as the best for less



SPAR
IQF Chicken
Mixed Portions
5 kg

179⁹⁹
per pack

As good as the best for less



SPAR
Pork Sausages or
Chicken Sausages
375 g
Assorted

47⁹⁹
per pack

As good as the best for less



I & J
Fish Fingers
800 g

84⁹⁹
per pack



Today
Puff Pastry
or Short Crust
Pastry
400 g

24⁹⁹
each



01a
Rich n Creamy
Ice Cream Tub
1.8 litre
Assorted

64⁹⁹
each

Save R9
WITH Rewards CARD



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SUPERSPAR

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SHOP COLLECT

Get a sticker with every R100 you spend
Fill your collector card with 10 stickers

SAVE UP TO 75%

Exclusive to SPAR. Available from 1 November 2023 to 25 February 2024.



SPAR Rewards
More for You

Swipe your Rewards card and get one extra sticker! See details here: www.sparspiegelau.co.za



SCAN HERE FOR MORE INFO

#No99 aware.org.za Not For Persons Under The Age Of 18.

Pantry Essentials

SPAR Quick Cooking Oats
1 kg

35⁹⁹ each

As good as the best for less

Nutrific Super Mornings
Nutrific Wholewheat Biscuits
900 g

49⁹⁹ per pack

Kellogg's Corn Flakes
1 kg

69⁹⁹ each

Albany Superior White Sliced Bread
(Excl. Thick Slice and Best of Both)
700 g

16⁹⁹ each

Save R2 WITH Rewards CARD

Hulett's White Sugar
2.5 kg

49⁹⁹ each

SPAR Squillos Chocolate Spread
(Excl. Chocolate Duo Hazelnut and Caramel Hazelnut)
350 g

47⁹⁹ each

Sunbake Everyday or Farmstyle Brown Bread
700 g

13⁹⁹ each

SPAR Super Maize Meal
10 kg

79⁹⁹ each

As good as the best for less

SPAR Choice Grade Honey
1 kg

129⁹⁹ each

As good as the best for less

SPAR Mixed Fruit or Apricot Jam
900 g

39⁹⁹ each

As good as the best for less

Koo Chakalaka
410 g Assorted

21⁹⁹ each

Nola Mayonnaise
Original or Tangy (Excl. Squeeze Bottle)
750 g

34⁹⁹ each

SPAR Shredded Tuna
170 g Assorted

18⁹⁹ each

As good as the best for less

Knorr Aromat
Cheese Seasoning
200 g Assorted

23⁹⁹ per pack

Maggi 2 Minute Noodles
5s Assorted

29⁹⁹ per pack

SPAR Macaroni, Spaghetti, Elbow Macaroni, Pasta Screws or Pasta Penne
500 g

13⁹⁹ per pack

As good as the best for less

Koo Peach Slices or Slices
410 g

21⁹⁹ each

Snowflake Easy Mix
500 g Assorted

16⁹⁹ each



Moir's Custard Powder
500 g

34⁹⁹ each

Moir's Jelly
80 g Assorted

20⁰⁰ (BUY ANY 2 FOR)

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Quench your craving for saving



Snack Essentials

SPAR
Coated Pretzels
70 g Assorted

BUY ANY 2 FOR **42⁰⁰**

As good as the best for less

SPAR
Fruit Fuel Roasted and Salted Peanuts (Excl. Peanuts & Raisins)
60 g

BUY 3 FOR **20⁰⁰**

As good as the best for less

Pringles
Chips
100 g Assorted

32⁹⁹ each

Save R10 WITH Rewards CARD

SPAR
Shortbread Biscuits
200 g

BUY 3 FOR **55⁰⁰**

As good as the best for less

SPAR
Ginger Biscuits
200 g

BUY 3 FOR **52⁰⁰**

As good as the best for less

Oreo
Biscuits
128.8 g / 133 g

BUY 2 FOR **28⁰⁰**

SPAR
Sweets, Jellies, Gums, Fruit Pastilles or Liquorice
100 g / 125 g

BUY ANY 3 FOR **49⁰⁰**

As good as the best for less

Nestlé
Mini Chocolate Bag
135 g / 180 g / 182 g / 189 g Assorted

39⁹⁹ each

Beacon
Marshmallows
150 g Assorted

BUY ANY 2 FOR **30⁰⁰**

Nestlé
Bar One Large (52 g), Smarties (40 g), Tex Large (40 g), Aero (40 g), Kit Kat Chunky (40 g / 42 g), Kit Kat 4 Finger (41.5 g) and Milky Bar Original (40 g)

BUY ANY 3 FOR **29⁰⁰**

Ouma
Rusks
450 g / 500 g Assorted

44⁹⁹ per pack



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Beverage Savings

Wine for any Occasion



42⁹⁹ per pack

Joko Round Tagless Teabags 100s

Save R17 WITH Rewards CARD



Freshpak Pure Rooibos Tagless Teabags 80s

39⁹⁹ per pack



Nescafé Classic Coffee 200 g Assorted or Doy Pack 230 g (Excl. Decaf)

89⁹⁹ each



Nescafé Cappuccino Stick Range 8s / 10s Assorted (Excl. Vanilla Latte 3 in 1)

59⁹⁹ per pack

Save R20 WITH Rewards CARD



SPAR Spring Water Still 5 litre

BUY 4 FOR 84⁰⁰
As good as the best for less



aQuellé Flavoured Sparkling Water 1.5 litre Assorted

BUY ANY 2 FOR 26⁰⁰



Monster Energy Drink 500 ml Assorted

BUY ANY 2 FOR 30⁰⁰

tops! at SPAR



Boschendal Chardonnay 750 ml

119⁹⁹ each



Nederburg Rosé 750 ml

59⁹⁹ each



Diemersdal Sauvignon Blanc 750 ml

79⁹⁹ each



Roodeberg Black 750 ml

159⁹⁹ each



KWV Classics 750 ml Cabernet Sauvignon Merlot, Shiraz or Pinotage

74⁹⁹ each



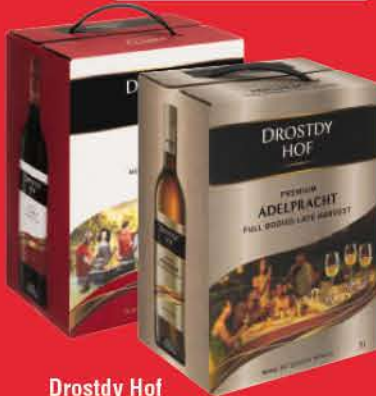
Robertson Winery Blend Wine 1 litre Assorted

39⁹⁹ each



JC Le Roux Le Fleurette, Le Chanson, Le Domaine, Non-Alcoholic Le Fleurette or Le Domaine 750 ml

79⁹⁹ each



Drostdy Hof Adelpracht or Claret 5 litre

169⁹⁹ each

Not For Persons Under The Age Of 18.

The SPAR & TOPS you love, now online!



DOWNLOAD NOW ON



SUPERSPAR

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Oh Baby we've got the Savings for you



Baby Care Essentials

Johnson's Baby Soap 175 g Assorted

BUY ANY 2 FOR **32⁰⁰**

Save R8 WITH Rewards CARD

Nestlé Cerelac Infant Cereal No. 1, 2, 3 or 4 250 g Assorted

39⁹⁹ per pack

Save R9 WITH Rewards CARD

Johnson's Extra Sensitive 224s or Gentle 288s Baby Wipes

99⁹⁹ per pack

Johnson's Scented or Unscented Baby Jelly 500 ml Assorted

49⁹⁹ each

Explore your favourite personal care brands

Colgate Toothpaste Value Pack 2 x 100 ml

39⁹⁹ per pack

Colgate Toothpaste 100 ml Assorted or Triple Action 150 ml

21⁹⁹ each

Sensodyne Sensitivity Range 75 ml Assorted

74⁹⁹ each

Sensodyne Complete Protection and Pronamel Range 75 ml Assorted

59⁹⁹ each

Lil-Lets Super or Super Plus Tampons 16s

23⁹⁹ per pack

Lil-Lets Mini or Regular Tampons 16s

23⁹⁹ per pack

Dettol Hygiene Soap 175 g Assorted

BUY ANY 2 FOR **26⁰⁰**

Vaseline Body Lotion or Cream For Men or Women 400 ml Assorted

49⁹⁹ each

Vaseline Lotions and Crème Premium Range 400 ml Assorted

49⁹⁹ each

Save R30 WITH Rewards CARD

Care by SPAR Shower Gel or Body Wash 500 ml Assorted

29⁹⁹ each

As good as the best for less

Organics Shampoo or Conditioner 1 litre Assorted

69⁹⁹ each

BIC Miss Soleil Disposable Razors 4s

49⁹⁹ per pack

Bic Flex 4 Disposable Razors 4s

59⁹⁹ per pack

Gaviscon Antacid Liquid 150 ml or Sachets 12s Assorted

89⁹⁹ each

SPAR Rewards deals: Maximum 10 per customer. While stocks last.

Homecare made a breeze



Homecare Essentials

OMO
Auto Washing Powder
2kg, Auto Liquid
1.5 litre or Auto Capsules
385 ml Assorted

84⁹⁹ each

Sunlight
2 in 1 Hand Washing Powder
2 kg Assorted

59⁹⁹ each

PRO WASH
FABRIC CONDITIONER
500 ml Assorted

19⁹⁹ each

As good as the best for less

Jik
Liquid Bleach
750 ml Assorted

19⁹⁹ each

Domestos
Thick Bleach
750 ml Assorted

28⁹⁹ each

Mr Muscle
Floor & All Purpose Cleaner
750 ml Assorted

41⁹⁹ each

Handy Andy
Cream Bottle
750 ml Assorted

27⁹⁹ each

Mr Muscle
Tile Cleaner
750 ml Assorted

41⁹⁹ each

Finish
Quantum Dishwasher Tablets
(Regular or Lemon)
50s

189⁹⁹ per pack

finish
POWERBALL
ALL IN 1 MAX
56s Assorted

199⁹⁹ per pack

Sunlight
Dishwashing Liquid
750 ml

31⁹⁹ each

SPAR
Toilet Tissue Rolls
Mini 1 Ply
300 Sheets
9s

29⁹⁹ per pack

As good as the best for less

Airwick
Air Freshener
280 ml Assorted

26⁹⁹ each

KIWI
QUALITY SHOE POLISH
RENEWS LIGHT BROWN LEATHER
100 ml Assorted

33⁹⁹ each

DOOM
Multi Insect Killer
300 ml Assorted

37⁹⁹ each

DYANT
ANT CONTROL
300 ml Assorted

41⁹⁹ each

Raid
Liquid Electric Refill
2 x 33 ml Assorted

44⁹⁹ each



SPAR Rewards deals: Maximum 10 per customer. While stocks last.

IT'S TIME TO SHAKE THINGS UP WITH

SPAR

SPIEGELAU THE CLASS OF GLASS

BUY ANY OF THESE PARTICIPATING PRODUCTS AND GET AN ADDITIONAL STICKER FOR YOUR COLLECTOR CARD!

 +1	 +1	 +1	 +1	 +1	 +1	 +1	 +1
 +1	 +1	 +1	 +1	 +1	 +1	 +1	 +1

SPAR Rewards
More for You

Swipe your Rewards card and get one extra sticker!

SAVE UP TO 75%

THESE OFFERS VALID 15 JANUARY TO 25 FEBRUARY 2024.

Household Essentials



14⁹⁹ each

As good as the best for less

SPAR Good Living Willy Highball Tumbler (280 ml), Zombie Tumbler (310 ml), Willy Beer Glass (400 ml) or Whisky Tumbler (250 ml)



21⁹⁹ each

Philips LED Bulb 7 Watt Assorted



99⁹⁹ per pack

Energizer Max AA or AAA Batteries 8s



219⁹⁹ each

Magnet LED Lantern 2.0



64⁹⁹ per set

As good as the best for less

SPAR Good Living Broom and Mop Combo



29⁹⁹ each

As good as the best for less

SPAR Good Living Budget Refuse Bags 20s



299⁹⁹ each

Russell Hobbs Supreme Glide Steam Iron



169⁹⁹ each

Pineware Automatic Kettle 1.7 litre



19⁹⁹ per pack

As good as the best for less

SPAR Firelighters 12s



69⁹⁹ per pack

As good as the best for less

SPAR Briquettes 5 kg



199⁹⁹ each

As good as the best for less

SPAR Good Living Cooler Box 26 litre Assorted

Poolcare made easy



239⁹⁹ each

Hth Dry Pool Chlorine 4 kg

119⁹⁹ each

Hth Pace Floater 1.5 kg

Hth Dry Pool Chlorine 4 kg

Hth Pace Floater 1.5 kg



13⁹⁹ each

As good as the best for less

SPAR Good Living A4 Counter Book 1 Quire 96 Pages

Pet Essentials



60⁰⁰

As good as the best for less

SPAR Woof Dog Food Cans 820 g Assorted



229⁹⁹ each

Whiskas Dry Cat Food 2.7 kg Assorted



65⁰⁰

As good as the best for less

SPAR Petcare Cat Litter 5 kg

GET A **FREE** 50 PAGE TEAR-OFF **BACK 2 SCHOOL** NOTES & JOKES BOOKLET



See inside selected Squillo's Cereals boxes.

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It's not just

FOR ONLY



SPAR
Woof Dog Chunks
8 kg
Assorted
(Excl. Puppy)

169⁹⁹ each

As good as the best for less

It's a whole lot more!



That's why we SHOP at
SPAR

Family Essentials



AS SEEN ON TV

Future Life
Smart Food
375 g / 425 g /
460 g / 500 g
Assorted
(incl. Kids Range)

34⁹⁹ per pack

Save R15 WITH Rewards CARD



SPAR
Bacon
200 g
Assorted

36⁹⁹ per pack

As good as the best for less



Rama
Original 70%
Fat Spread
Brick
500 g

24⁹⁹ each



Clover
Bliss
Double Cream
1 kg
Assorted

39⁹⁹ each



Selati
Golden
Brown Sugar
2 kg

39⁹⁹ each



Knorr
Packet Soups
50 g
Assorted

BUY ANY 5 FOR **28⁰⁰**



SPAR
Pilchards
400 g
Assorted

BUY ANY 2 FOR **40⁰⁰**

Save R10 WITH Rewards CARD

As good as the best for less



Bull Brand
Corned Meat
300 g
Assorted

29⁹⁹ each



AS SEEN ON TV

Yum Yum
Peanut Butter
400 g
Assorted

29⁹⁹ each

Save R13 WITH Rewards CARD



SPAR
Vanilla Custard
1 litre

23⁹⁹ each

As good as the best for less



Simba
Potato Chips
120 g
Assorted

BUY ANY 3 FOR **47⁰⁰**



SPAR
100 % Fruit
Juice Blend
6 x 200 ml
Assorted

42⁹⁹ per pack

As good as the best for less



Twinsaver
Luxury
Toilet Paper
2 Ply
350 sheets
18s

139⁹⁹ per pack

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Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on /myspar

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