

SPAR



SUPERSPAR



PROMOTION VALID 11 JULY 2023 TO 23 JULY 2023

THE  
GREAT  
PRICE  
REWIND

WIN YOUR  
SHOPPING  
AT PRICES FROM  
60 YEARS  
AGO!



Selati  
Golden  
Brown Sugar  
2 kg

**37<sup>99</sup>**  
each

BUY ME  
TO WIN!



SPAR  
Golden  
Corn Flakes  
1 kg

WITH  
CARD  
**39<sup>99</sup>**  
each  
SAVE R10

BUY ME  
TO WIN!



SPAR  
Frozen Mixed  
Chicken Portions  
4 kg

**149<sup>99</sup>**  
each



Surf  
Hand  
Washing  
Powder  
2 kg

**49<sup>99</sup>**  
each



Excella  
Sunflower Oil  
2 litre

**62<sup>99</sup>**  
each



SPAR  
Daily Spread Tub  
1 kg

**32<sup>99</sup>**  
each



Pamper  
Active Baby  
Jumbo Pack Diapers

**249<sup>99</sup>**  
per pack



Bulk  
Chicken Fillets

**64<sup>99</sup>**  
per kg



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For customer queries call: 080 007 9610

Specials available at selected SUPERSPAR and SPAR stores (excluding KWIKSPAR and SPAR Express stores) from 11 July up to and including 23 July 2023 while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

MI\_SSR2000



YOUR  
LOCAL  
BAKERY

WE'RE FOR  
SCRUMPTIOUSNESS



SPAR  
COUNTRY  
VALUE



SPAR Bakery  
Black Forest or  
Dessert Topping  
Vanilla, Chocolate or  
Strawberry  
Cakes

**49<sup>99</sup>**  
each



Country Value  
Queenies  
10's

**19<sup>99</sup>**  
per pack



SPAR Bakery  
Pita Bread  
White or Brown  
6's

**32<sup>99</sup>**  
each



Country Value  
Mini Loaves  
3's

**11<sup>99</sup>**  
per pack

SPAR  
freshline

WE'RE FOR  
HEALTHY SAVINGS



SPAR  
freshline  
Soft Citrus  
1.2 kg

**25<sup>99</sup>**  
per pack



SPAR  
freshline  
Banana Mini Box  
1.2 kg

**29<sup>99</sup>**  
per box



SPAR  
freshline  
Sweet Potato  
1 kg

**19<sup>99</sup>**  
per pack



SPAR  
freshline  
Lettuce Head

**13<sup>99</sup>**  
each



SPAR  
freshline  
Basic  
Doy Soups  
500 g  
Assorted

**36<sup>99</sup>**  
each

YOUR  
LOCAL  
BUTCHERY

WE'RE FOR  
LEAN PRICES AND QUALITY CUTS

SPAR  
Select



SPAR  
Select  
Roiberg  
Boerewors

**99<sup>99</sup>**  
per kg



Sheep Head  
(Previously  
Frozen)

**84<sup>99</sup>**  
each



Pork Trotters  
(Previously  
Frozen)

**34<sup>99</sup>**  
per kg



SPAR  
Select  
Pork Belly  
Roast

**79<sup>99</sup>**  
per kg



SPAR  
Tender and Tasty  
Crumbed  
Chicken Burger

**99<sup>99</sup>**  
per kg

WE'RE FOR  
COOKING UP FRESH SAVOURY

YOUR  
LOCAL  
KITCHEN



Chicken Leg Quarter  
and 100 g Chips or  
200 g Pap and  
30 g Gravy

**38<sup>00</sup>**  
per combo



Pork Shank

**99<sup>99</sup>**  
per kg



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SUPERSPAR





# HOW TO ENTER

**STEP 1** Buy a participating 60<sup>th</sup> birthday product.

**STEP 2** Swipe your **NEW SPAR Rewards** card.

You could be 1 of 60 000 **instant SPAR Rewards** winners!

## IN THE FRIDGE

## WE'RE FOR COOL OFFERINGS

## BUY ME TO WIN!



**42<sup>99</sup>** per tray



**13<sup>99</sup>** each  
WITH CARD



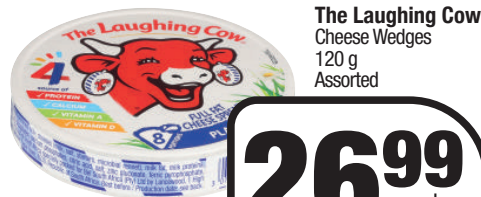
**36<sup>99</sup>** each



**92<sup>99</sup>** per pack



**26<sup>99</sup>** each



**26<sup>99</sup>** each



**14<sup>99</sup>** per pack



**21<sup>99</sup>** each



**32<sup>99</sup>** each



**29<sup>99</sup>** each



**49<sup>99</sup>** per pack



**149<sup>99</sup>** each

## WE'RE FOR LONG-LASTING GOODNESS

## YOUR FREEZER



**64<sup>99</sup>** each



**35<sup>99</sup>** per pack



**22<sup>99</sup>** each



**104<sup>99</sup>** each  
WITH CARD



**32<sup>99</sup>** each



**39<sup>99</sup>** per pack



**59<sup>99</sup>** per pack



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**SPAR**



**SUPERSPAR**



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MI\_SSR2000 3



# CELEBRATE LOW PRICES

YOUR  
PANTRY

WE'RE FOR  
EVERYDAY SAVINGS

BUY ME  
TO WIN!



SPAR  
Long Grain  
Parboiled Rice  
10 kg

**129<sup>99</sup>**  
each



SPAR  
Instant Noodles  
5 x 70 g  
Assorted

**17<sup>99</sup>**  
per pack



Nestlé  
Nespray  
Forti Grow  
850 g

**104<sup>99</sup>**  
each



White Star  
Super  
Maize Meal 5 kg  
+  
SPAR  
Sunflower Oil 2 L  
+  
Spekko  
Parboiled Rice 2 kg

WITH  
CARD  
**BUY ALL FOR**  
**145<sup>00</sup>**



White Star  
Super  
Maize Meal  
5 kg

**59<sup>99</sup>**  
each



SPAR  
Baked Beans  
in Tomato Sauce  
410 g

BUY  
2  
FOR  
**25<sup>00</sup>**



Lucky Star  
Pilchard in  
Tomato or  
Chilli Sauce  
155 g

BUY  
ANY  
3  
FOR  
**38<sup>00</sup>**



Rhodes  
Tomato & Onion  
Mix or Gravy  
410 g

WITH  
CARD  
**BUY 2 FOR**  
**30<sup>00</sup>**  
SAVE R11



Bull Brand  
Corned Meat  
(Excl. Corned Beef)  
300 g  
Assorted

**29<sup>99</sup>**  
each

AS SEEN ON  
TV

BUY ME  
TO WIN!



Nola  
Mayonnaise  
500 g - 780 g

WITH  
CARD  
**BUY ANY 2 FOR**  
**60<sup>00</sup>**  
SAVE R20



SPAR  
Tomato Sauce  
700 ml

**23<sup>99</sup>**  
each



Top Class  
Flavoured Soya  
Mince  
500 g  
Assorted

**24<sup>99</sup>**  
each



Royco  
Packet Soup  
50 g  
Assorted

BUY  
ANY  
4  
FOR  
**18<sup>00</sup>**



Nando's  
Peri-Peri  
Bag & Bake  
20 g  
Assorted

**19<sup>99</sup>**  
each



Imbo  
Split Peas  
500 g

**15<sup>99</sup>**  
each



Imbo  
Red Speckled  
Beans  
500 g

WITH  
CARD  
**19<sup>99</sup>**  
each



Hinds  
Herbs or Spices Refill  
12 g - 90 g  
Assorted

WITH  
CARD  
**BUY ANY 2 FOR**  
**26<sup>00</sup>**



Hinds  
Southern Coating  
200 g  
Assorted

WITH  
CARD  
**19<sup>99</sup>**  
each

WE'RE FOR  
EVERYTHING YOU NEED

SAUCES &  
SPICES

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# YAY FOR SAVINGS!

YOUR  
BREAKFAST

WE'RE FOR  
GOOD MORNINGS

BUY ME  
TO WIN!



Bokomo  
Pronutro  
500 g  
Assorted

**41<sup>99</sup>**  
each



SPAR  
Squillos Cereal  
320 g/ 350 g  
Assorted

WITH  
CARD  
**29<sup>99</sup>**  
each



Frisco  
Instant Coffee  
Refill  
750 g  
Assorted

**74<sup>99</sup>**  
each



Nescafe  
Gold  
Cappuccino Sticks  
10s  
Assorted

**62<sup>99</sup>**  
each



Bokomo  
Weet-bix  
Original Only  
450 g

WITH  
CARD  
BUY 2 FOR  
**48<sup>00</sup>**  
SAVE R18



Ellis Brown  
Tea or Coffee  
Creamer  
750 g

**41<sup>99</sup>**  
each



Five Roses  
Ceylon Blend  
Tagless Teabags  
100s

**44<sup>99</sup>**  
each  
SAVE R10



Laager  
Rooibos  
Tagless Teabags  
40s

**21<sup>99</sup>**  
each



Nestlé  
Milo Tin  
500 g

**54<sup>99</sup>**  
each



Selati  
White Sugar  
2.5 kg

**49<sup>99</sup>**  
each



Yum Yum  
Peanut Butter  
(Incl. Caramel &  
Chocolate Dreams)  
380 g/ 400 g  
Assorted

**27<sup>99</sup>**  
each



Melrose  
Cheese  
Wedges Assorted  
or Spread Assorted  
200 g / 250 g

**37<sup>99</sup>**  
each

BAKING

WE'RE FOR  
BAKING



Golden Cloud  
Cake Wheat Flour  
2.5 kg

**34<sup>99</sup>**  
each



Moir's  
Desiccated  
Coconut  
200 g

**22<sup>99</sup>**  
each



Parmalat  
Vanilla Custard  
1 litre

**22<sup>99</sup>**  
each



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MI\_SSR2000 5



THE BEST THINGS  
IN LIFE ARE  
*Sweet*

The  
**Sweets**  
Funfair

SCAN ME

AVAILABLE ONLY FROM  
3 JULY - 30 JULY 2023

we're for smiles

AS SEEN ON  
**TV**

**BUY ME TO WIN!**

WE'RE FOR  
**SWEET SAVING DEALS**

**YOUR TREATS**

Liqui Fruit  
100% Fruit Juice Blend  
1 litre Assorted

WITH CARD

BUY ANY 2 FOR

**46<sup>00</sup>**

SAVE R20

SPAR Flavoured Carbonated Soft Drink  
2 litre Assorted

BUY ANY 3 FOR

**33<sup>00</sup>**

Red Bull Energy Drink  
(Incl. Sugar Free)  
250 ml Assorted

BUY ANY 2 FOR

**25<sup>00</sup>**

aQuellé  
NATURAL SPRING WATER STILL  
6 x 500 ml

32<sup>99</sup> per pack

Fruit Tree  
Fruit Juice Blend  
6 x 200 ml Assorted

**35<sup>99</sup>** per pack

Bakers Eet-Sum-Mor Biscuits  
200 g Assorted

BUY ME TO WIN!

**23<sup>99</sup>** each

SAVE R6

Cadbury  
Crunchie, 40 g  
Astros 40 g,  
5 Star 48.5 g,  
Caramel Slab 39 g,  
Top Deck 36 g,  
Dairymilk 37 g or  
Oreo Enrobed 32.9 g

BUY ME TO WIN!

BUY ANY 3 FOR

**32<sup>00</sup>**

Manhattan  
Pink & White or  
Candyfloss & Bubblegum  
(Excl. Toasted Coconut)  
Marshmallows  
150 g

**15<sup>99</sup>** per pack

SPAR  
Rusk  
450 g Assorted

**41<sup>99</sup>** each

Lay's  
Potato Chips  
120 g Assorted

BUY ME TO WIN!

BUY ANY 2 FOR

**36<sup>00</sup>**

Simba  
Potato Chips  
120 g Assorted

AS SEEN ON TV

BUY ME TO WIN!

WITH CARD

BUY ANY 4 FOR

**60<sup>00</sup>**

SAVE R20

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# SEE US FLY

## SPAR PROTEAS



### GET TO KNOW THE SQUAD



PERSONAL CARE

## WE'RE FOR ATTRACTIVE PRICES

BUY ME TO WIN!



Dove  
Anti Perspirant  
Roll On for  
Men or Women  
50 ml  
Assorted

**24<sup>99</sup>**  
each



Status  
Deodorant  
130 ml  
Assorted

**25<sup>99</sup>**  
each



Revlon  
Flex  
Shampoo  
or Conditioner  
650 ml  
Assorted

WITH CARD  
**47<sup>99</sup>**  
each



Lifebuoy  
Hygiene Soap  
(Excl. Charcoal and Mint)  
175 g  
Assorted

WITH CARD  
BUY ANY 5 FOR  
**60<sup>00</sup>**  
SAVE R35



Oral B  
Medium  
Toothbrush  
Classic 40  
2s

**29<sup>99</sup>**  
per pack



Aquafresh  
Fresh & Minty,  
Mild & Minty,  
Lemon Mint or  
Herbal Toothpaste  
100 ml

**16<sup>99</sup>**  
each



Ingram's  
Cream 450 ml, Lotion 400 ml or  
Tissue Oil Cream 300 ml  
(Excl. Tissue Oil 450 ml/ 500 ml)  
Assorted

**49<sup>99</sup>**  
each



Panado  
Headache  
Capsules  
20s

**42<sup>99</sup>**  
per pack



Cherubs  
Baby Wipes  
72s  
Assorted

BUY ANY  
**2 50<sup>00</sup>**  
FOR



Stayfree  
Maxi  
Sanitary Pads  
8s/ 10s  
Assorted

**13<sup>99</sup>**  
per pack



Libresse  
Maxi Sanitary Pads  
7s/9s/10s or  
Pantyliners 20s  
Assorted

WITH CARD  
**16<sup>99</sup>**  
each



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## Add SPAR chat as a contact on WhatsApp to see specials, store details, SPAR Rewards and more!

Let's  
chat

0860 313 141

Add SPAR as a contact on WhatsApp.  
Say "Hello" to make sure you never miss a chance to SAVE, get all the latest specials, store details, Rewards and more!



SPAR: • BIRCHGATE • BLOEMHOF • BONANZA • BON ACCORD • BOTHAVILLE • CROSS • CRYSTAL GATE • CULLINAN • DANIELSKUIL • DANVILLE • DELAREYVILLE • DELMAS • DELTA • DIAS • DOUGLAS • EAST LYNNE • EDEN MEADOWS • FERRYVALE • FLORA PARK • FRANKFORT • GHANDI SQUARE • GREENHILLS • HARTSWATER • HEIDELBERG • HEILBRON • HILLBROW • JEPPE STREET • KALAHARI • KISMET • KLOPPER PARK • KROONDAL • LIME ACRES • LEONDALE • MAFIKENG • MEYERTON • NABOOMSPRUIT • NOORDWYK • NORTHPOINT • NYLSTROOM • ORCHARDS • POST OFFICE • PRIESKA • RANDJESPARK • REITZ • ROOSVILLE • SAFI • SCHWEIZER RENEKE (Ex GG) • SETARIA • SILVERTON • SIMUNYE • SOUTPANSBERG • SPARTAN • STRUBENSVALE • THREE MONKEYS • VENTERSBURG • VREDE • WARRENTON • WESSELBRON • WOLMORANSTAD • ZEEDERBERG  
SUPERSPAR: ALPHA • BALFOUR • BELA BELA • BENONI • BERTRAMS • BOKSBURG • CHRISTIANA • ERMELO • FONTANA (STONERIDGE) • GROBLERSAL MALL • KRIEL • KURUMAN • MARBLE HALL • MOKOPANE • MOGOL (Onverwacht) • POSTMASBURG • PLATINUM PARK • PRIMROSE • RANDFONTEIN • SILVERPLACE • SOUTHERN • SUN VILLAGE • THABAZIMBI • THORNHILL • V.C. • VOLKSRUST

# SPAR



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Find us on [f /myspar](https://www.facebook.com/myspar)  
185 Solutions



# CELEBRATE LOW PRICES

## HOME ESSENTIALS

## WE'RE FOR CLEANING-MUST HAVES



**SPAR**  
Budget Refuse Bags  
20s

**32<sup>99</sup>**  
per pack



**Handy Andy**  
Cream  
Refill Pouch  
750 ml  
Assorted

**22<sup>99</sup>**  
each



**Jik**  
Bleach  
750 ml  
Assorted

**19<sup>99</sup>**  
each



**Twinsaver**  
Toilet Tissue  
2 ply  
24s

**169<sup>99</sup>**  
per pack



**Yanaka**  
Terry  
Dish Swab

**18<sup>99</sup>**  
each



**Yanaka**  
Face Cloth

**16<sup>99</sup>**  
each



**Prowash**  
Automatic Washing  
Powder 2 kg  
or Liquid  
1.5 litre

**49<sup>99</sup>**  
each



**Kiwi**  
Quality Shoe Polish  
50 ml  
Assorted

**17<sup>99</sup>**  
each



**Gift Barrel**  
Lunch Box  
Assorted Colours

**25<sup>99</sup>**  
each



**Gift Barrel**  
Maxi Meal Box  
Assorted

**19<sup>99</sup>**  
each

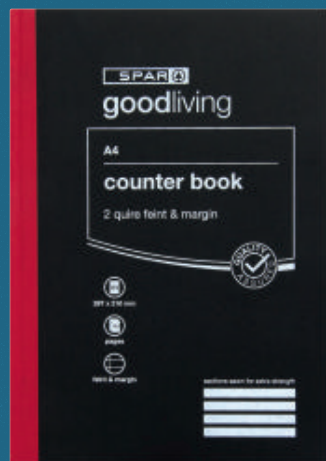


**Pamper**  
Cuts or Chunky Meat  
in Gravy or Jelly  
385 g / 400 g  
Assorted

**17<sup>99</sup>**  
each

## WE'RE FOR SUPER COOL DEALS

## BACK TO SCHOOL



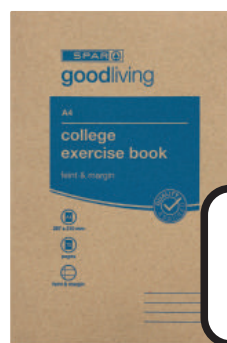
**SPAR**  
goodliving  
A4 Counter Book  
2 Quire  
192 Pages

**22<sup>99</sup>**  
each



**SPAR**  
goodliving  
A4 Exam Pad  
80 Pages

**15<sup>99</sup>**  
each



**SPAR**  
goodliving  
A4 College Exercise Book  
Feint & Margin,  
Quad & Margin or  
Irish & Margin  
72 page  
A4

**6<sup>99</sup>**  
each



**Pritt**  
Glue Stick  
43 g

**39<sup>99</sup>**  
each



**Staedtler**  
Traditional Pencil  
3s

**29<sup>99</sup>**  
per pack



**BIC**  
Clic  
Blue, Red or  
Black Pens  
2s

**22<sup>99</sup>**  
per pack



**BIC**  
Orange  
Blue, Red or  
Black Pens

**15<sup>99</sup>**  
per pack



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**SUPERSPAR**



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MI\_SSR2000 7