

SPAR

PRODUCTS

OUR BEST
FOR
LESS

SALE



PARTNERING WITH THE BEST,
TO GIVE YOU THE BEST.

Sourced locally and packed with freshness!



34⁹⁹ each

SPAR
Extra Shelf Life
Milk (Full Cream
or Low Fat)
2 litre

ONLY AT

SPAR



SPAR
Refined
White Sugar
2.5 kg

42⁹⁹ each



SPAR
Sunflower
Cooking Oil
2 litre

73⁹⁹ each



SPAR
Full Cream
Maas
2 kg

29⁹⁹ each



SPAR
Ice Cream
(All variants)
2 litre

49⁹⁹ each



SPAR
Macaroni
or Spaghetti
500 g

BUY ANY
2
FOR
30⁰⁰

Our best selection
from SA's finest farms



SPAR
Tender & Tasty
Sweet and Sticky
or Barbecue
Pork Spare Ribs
1 kg

NOW
ONLY

159⁹⁹ per pack



NOW
ONLY

SPAR Select
Beef Rump

139⁹⁹ per kg



NOW
ONLY

SPAR
STEAK CO.
Ribeye Steak

269⁹⁹ per kg

Specials available at SUPERSPAR Crossing, Komatipoort, Longtom, Malelane, The Grove and Westend from 11 April up to and including 23 April 2023, while stocks last. We reserve the right to limit quantities. TV Products available nationally. Prices include VAT.



STAND A CHANCE TO

WIN

— YOUR SHARE OF —

R675 000

IN INSTANT AIRTIME!



Purchase any 2L SPAR Carbonated Soft Drink



Take a clear pic of your till slip



WhatsApp the pic to +27 87 240 5208



As **GOOD** as the **BEST**, for **LESS!**

Competition runs from 21st March – 23rd April 2023

Terms and conditions: www.spar.co.za. Standard data rates apply for WhatsApp entry.

Pantry



SPAR Baked Beans 410g

BUY 2 FOR **24⁰⁰**



SPAR Pilchards in Tomato or Chilli Sauce 400 g

BUY ANY 2 FOR **40⁰⁰**



SPAR Corned Meat (All variants) 300 g

24⁹⁹ each



SPAR Tomato & Onion Mix 410 g

17⁹⁹ each



SPAR Diced or Whole Peeled Tomatoes 400 g / 410 g

16⁹⁹ each



SPAR Peach Halves or Slices in Syrup 410 g

17⁹⁹ each



SPAR Instant Noodles (All variants) 5 x 75 g

BUY ANY 2 FOR **40⁰⁰**



SPAR Grated or Sliced Beetroot in Vinegar 780 g

29⁹⁹ each



SPAR Tomato Sauce Squeeze Bottle 700 ml

22⁹⁹ each



SPAR Mystery Egg 20 g

BUY 2 FOR **21⁰⁰**



SPAR Multigrain Chips (All variants) 100 g / 125 g

BUY ANY 2 FOR **42⁰⁰**



SPAR Jelly Bears (All variants) 100 g / 125 g

BUY ANY 2 FOR **32⁰⁰**

Breakfast



SPAR Lemon Cream Biscuits 150 g

BUY 3 FOR **27⁰⁰**



SPAR Tagless Teabags 100s

17⁹⁹ per pack



SPAR Rooibos Teabags 80s

34⁹⁹ per pack



SPAR Quick Cooking Oats 1 kg

Promotional Price **31⁹⁹** each
Get an extra **R5 off**
Rewards Customers Pay **26⁹⁹**



SPAR Apricot Jam 900 g

37⁹⁹ each



SPAR 100% Fruit Juice Blend (All variants) 2 litre

44⁹⁹ each

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

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Fridge

SPAR Butterable Butter Spread 500 g

89⁹⁹ each

SPAR Processed Cheese Slices Cheddar or Gouda 200 g

26⁹⁹ per pack

SPAR Sliced Cold Meat (All variants) 200 g

21⁹⁹ each

SPAR Chicken Viennas (All variants) 500 g

44⁹⁹ each

SPAR Beechwood Smoked Bacon (All variants) 200 g

32⁹⁹ each

SPAR French or Garlic Polony 1 kg

32⁹⁹ each

SPAR Low Fat Smooth Cottage Cheese (All variants) 250 g

29⁹⁹ each

SPAR South African Feta Cheese (Plain, Herb or Black Pepper) 400 g

54⁹⁹ each

SPAR Mageu (All variants) 1 litre

12⁹⁹ each

SPAR Low Fat Flavoured Drinking Yoghurt Sachets (All variants) 5 x 125 ml

24⁹⁹ per pack

SPAR Medium Fat Smooth Yoghurt (All variants) 6 x 75 g

27⁰⁰ BUY ANY 2 FOR

SPAR Active Breakfast Low Fat Flavoured Drinking Yoghurt (All variants) 300 ml

12⁹⁹ each

SPAR Burst Sweetened Dairy Fruit Juice Blend (All variants) 2 litre

21⁹⁹ each

SPAR Vanilla Flavoured Custard 1 litre

23⁹⁹ each

OUR BEST FOR LESS DEAL!



SPAR Large Eggs 18s **36⁹⁹** per pack

SAVE BIG WITH THESE!

Freezer

SPAR Pork Sausages (All variants) 375 g

44⁹⁹ each

SPAR Southern Style Crispy Crumbed Chicken (Bites, Spicy Bites, Strips, Spicy Wings & Fillets only) 500 g

49⁹⁹ each

SPAR Frozen Pizza (All variants) 250 g / 300 g

46⁹⁹ each

SPAR Frozen Garden Peas 1 kg

42⁹⁹ per pack

SPAR Puff or Shortcrust Pastry 400 g

19⁹⁹ each

SPAR Puff Pastry Pies (All variants) 6s

89⁹⁹ per pack

SPAR Frozen Carrots, Corn and Peas Mix 1 kg

43⁹⁹ each

SPAR IQF Mixed Chicken Portions 4 kg

149⁹⁹ each



Only the very best gets the **SPAR** label



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Pantry



SPAR
Super
Maize Meal
2.5 kg

24⁹⁹
each



SPAR
Long Grain
Parboiled Rice
2 kg

24⁹⁹
each



SPAR
Red Speckled
Beans
2 kg

69⁹⁹
each

EVEN LESS!



29⁹⁹
each

SPAR
Cake Wheat
Flour
2.5 kg

Pet Care



SPAR
Pro-Balance
Dog Food
(All variants)
8 kg

239⁹⁹
each

Personal Care



SPAR
Foam Bath
(All variants)
2 litre

35⁹⁹
each

Homecare



Pro Wash
Automatic Washing
Powder 2 kg
or Automatic
Washing Liquid
1.5 litre
(All variants)

56⁹⁹
each



SPAR
Bleach IT
(All variants)
750 ml

15⁹⁹
each

care
by SPAR™

Discover our NEW, specially formulated,
complete personal care range.



EXCLUSIVE to **SPAR**

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Freshline Black Forest Cake

87⁹⁹ each



Freshline Cookies (All variants) 250 g

34⁹⁹ per pack



Freshline Roti 6s

29⁹⁹ per pack



SPAR Bakery Cheese and Onion Ciabatta Rolls 6s

36⁹⁹ per pack



Freshline Hertzoggies 6s

34⁹⁹ per pack



SPAR Bakery Hamburger Buns or Hotdog Rolls 6s

16⁹⁹ per pack



Freshline Mini Scones 6s

17⁹⁹ per pack



Vetkoek and Curry Mince

18⁹⁹ each



The Food Stall 2 x Golden Pockets and Coca Cola 200 ml

29⁹⁹ per combo



Macaroni & Cheese

6⁹⁹ per 100 g



Pieman's Pie and Go Energy Drink 500 ml

34⁹⁹ per combo



Freshline Aqualeaf Lettuce Head 400 g

21⁹⁹ each



Freshline Green Beans 300 g

16⁹⁹ per pack



Freshline Butternut 2s

15⁹⁹ per pack



Freshline Sweet Potatoes 1 kg

18⁹⁹ per pack



Freshline Spinach 300 g

21⁹⁹ per pack



Freshline Peeled Onions 1 kg

21⁹⁹ per pack



Freshline Baby Potatoes 1 kg

14⁹⁹ per pack



Freshline Red Apples 1.5 kg

19⁹⁹ per pack



Ground Beef 500 g

42⁹⁹ per pack



SPAR Select Whole Fresh Chicken in a Bag (without giblets) (uncooked)

45⁹⁹ per kg



Class P/O Pork Braai Chops

69⁹⁹ per kg



Class A Beef Potjie Meat

89⁹⁹ per kg



Robertson Sauvignon Blanc 750 ml

49⁹⁹ each



Kanonkop Kadette 750 ml

109⁹⁹ each



La Motte Sauvignon Blanc 750 ml

84⁹⁹ each



Nederburg Baronne 750 ml

64⁹⁹ each



Olive Brooke Rosé or White Moscato 750 ml

44⁹⁹ each



JC le Roux La Fleurette or Le Domaine 750 ml

69⁹⁹ each



Unbelievable Wine (All variants) 750 ml

120⁰⁰



Olive Brook Carnival Classic Red or Sweet Red 3 litre

119⁹⁹ each

Not for Sale to Persons Under the Age of 18.

HOME ESSENTIALS

WE'RE FOR HOME-MUST HAVES



Maq Dishwashing Liquid 750 ml

24⁹⁹ each



Finish Quantum Tabs Regular or Lemon 50s

219⁹⁹ per pack



Air Wick Air Freshener (All variants) 280 ml

27⁹⁹ each



Comfort Concentrated Fabric Conditioner Refill Pouch (All variants) 800 ml

39⁹⁹ each



Cobra Wood & Laminate Floor Cleaner 750 ml

64⁹⁹ each



Raid Liquid Electric Primary Refill 33 ml

Get **R5 off** each



Duck Toilet Cleaner Gel, Foam or Liquid (All variants) 500 ml

20⁹⁹ each



Eveready Power Plus AAA 6s

29⁹⁹ per pack



SPAR Good Living Glass Candle Holder Plus Household Candles 6s

BUY BOTH FOR **55⁰⁰** per combo



Africo Matches 10s

4⁹⁹ per pack



Sta Soft Ultra Concentrate Fabric Conditioner 500 ml Assorted

Get **R10 off** each



H/Traders Mug White or Colour

24⁹⁹ each



Philips BC or ES LED Bulb (WW or CW) 10W

19⁹⁹ each



Royal Large 2 Plate Electric Stove

239⁹⁹ each



Hth Pace Floater 1.5 kg

109⁹⁹ each

PRIORITISE "YOU" - EVERYTHING YOU NEED



Pantene Shampoo or Conditioner (All variants) 360 ml / 400 ml

BUY ANY 2 FOR **109⁹⁹**



Pantene 3 min. Superfood Treatment 200 ml

45⁹⁹ each



Dawn Body Lotion for Men or Women (All variants) 400ml

25⁹⁹ each



Ingrams Camphor Cream (All variants excl. Tissue Oil) 450 ml / 500 ml

45⁹⁹ each



Status Aerosol Deodorant for Men (All variants) 130 ml

25⁹⁹ each



Aquafresh Fresh & Minty Blue, Herbal, Lemon Mint or Mild & Minty 100 ml

14⁹⁹ each



Protex Bath Soap (All variants) 200 g

16⁹⁹ each



Lil-Lets Maxi Pads Super, Regular, Super Plus, Mini (Scented or Unscented) 7s / 8s / 10s

24⁹⁹ per pack



Panado Blister Box or Securitaine 24s

26⁹⁹ each



...WITH YOU AT EVERY STAGE OF THEIR JOURNEY



Rhodes Squish Puree Pouch 110 ml Assorted

Get **R3 off** each



Nestlé Cerelac Infant Cereal Stage 1, 2, 3 & 4 (All variants) 250 g

39⁹⁹ each



Huggies Baby Wipes Natural Care or Pure 56s

24⁹⁹ per pack



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Only at

SPAR



SAVE up to 70%

MasterChef

CUTLERY COLLECTION

SHOP

Spend R100 and get one MasterChef sticker

COLLECT

Fill your collector card with 15 stickers

SAVE

Up to 70% on MasterChef cutlery & cast Iron casserole!

MASTERCHEF
CASSEROLE TO
COMPLETE YOUR
COLLECTION!

Turn an **everyday meal** into a **MasterChef moment!**

Offer exclusive to SPAR stores in South Africa, Namibia, Botswana and Eswatini.



Albany
Superior White
Sliced Bread
700 g

Promotional Price
1899

Get an extra
R2 off

Rewards Customers Pay
1699



The Laughing Cow
Cheese Wedges
(All variants)
120 g

2699
per pack



Parmalat
Low Fat,
Medium Fat or
Fabulite Yoghurt
(All variants excl.
Double Cream
& Easygest)
1 kg

2799
each



Natures Garden
Mixed Vegetables
1 kg

Get
R5 off
each



Jacobs
Cappuccino
Sticks
(All variants)
8s / 10s

5299
per pack



Nestlé
Cocoa
125 g

3699
each



Royco
Dry Pasta
Sauce
(All variants)
37 g / 42 g
/ 45 g

1499
each



Nestlé
Gold Cross
Full Cream
Condensed Milk
385 g

Promotional Price
2699

Get an extra
R2 off

Rewards Customers Pay
2499



Cadbury
Oreo
Chocolate Coated
Biscuits
32.9 g

BUY
2
FOR
1500



Moirs
Jelly
(All variants)
80 g

BUY
ANY
3
FOR
2800



Ice Cap
Ice Cream
Topping
(All variants)
200 ml

5499
each



Simba
Potato Chips
(All variant)
120 g

BUY
ANY
2
FOR
3000



Pringles
(All variants excl.
Smokey BBQ)
100 g

3399
each



Nestlé
Aero or
Kit Kat 8 Finger
(All variants)
85 g

BUY
ANY
2
FOR
3200



Cadbury
Lunch Bar (48 g),
Astros (40 g), PS (40 g),
5 Star (48.5 g),
Cadbury Slab
(36 g / 37 g / 39 g)
or Crunchie (40 g)
excl. Bubbly (40 g)

1099
each



Brookes
Oros
Ready To Drink
Juice
(All variants)
6 x 300 ml

4499
per pack



Cappy
100% Still Fruit
Juice Blend
(All variants)
1.5 litre

2299
each



Aquelle
Natural Still
Spring Water
5 litre

BUY
ANY
2
FOR
4000



Appletiser,
Grapetiser
or Peartiser
(All variants)
1.25 litre

2699
each



SPAR
Squillos Hoops,
Puffs or
Malt Balls
Cereal
350 g
Assorted
(Excl. Pillows)

Get
R5 off
each



President
Cream Cheese
230 g
Assorted

Get
R8 off
each



Stimorol
Gum Sticks
14 g
Assorted

BUY
any 2 and get
R2 off



Rhodes
100% Fruit
Juice Blend
(All variants)
6 x 200 ml

3899
per pack



Reboost
Energy Drink
(All variants)
500 ml

BUY
ANY
2
FOR
1500



Beacon
Marshmallows
150 g
Assorted
(Excl. Toasted
Coconut and
Chocolate Coated
Marshmallows)

Get
R3 off
each



Hall's
Blended
Fruit Drink
Concentrate
1.25 litre
Assorted

Get
R5 off
each



Ola
Paddle Pop
Tornado
or Tubes
80 ml / 90 ml
Assorted

BUY
any 2 and get
R4 off

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GET YOUR GROCERIES DELIVERED

AVAILABLE AT SELECTED STORES



SCAN NOW TO DOWNLOAD THE SPAR2U APP



AVAILABLE FREE ON



The SPAR you love, now online!



Sea Harvest Fish Fingers 800 g **85⁹⁹** each



Rainbow Original Chicken Polony 1 kg **39⁹⁹** each



Rama 37% Fat Spread Tub 1 kg **54⁹⁹** each



Lancewood Cheddar, Gouda, Cheddar White or Gouda White 900 g **119⁹⁹** each



McCain Mixed Veg, Stew Mix Veg, Country Crop, Cut Beans, Diced Carrots, Sweet Corn, Garden Peas or Stir Fry (French or Hawaii) 250 g

BUY ANY 2 FOR **25⁰⁰**



Jacobs Krönung Coffee Bottle 200 g or Refill 230 g (excl. Decaf)

109⁹⁹ each



SPAR Golden Corn Flakes 1 kg

49⁹⁹ each



SPAR Brown Sugar 2 kg

32⁹⁹ each



SPAR Packet Soup (All variants) 55 g / 60 g / 62 g / 70 g

BUY ANY 4 FOR **18⁰⁰**



Pepsi Regular, Mountain Dew or Marinda Orange Soft Drink 2 litre

BUY ANY 2 FOR **32⁰⁰**



Pampers Value Pack Nappy Pants Midi (52s), Maxi (46s), Junior (40s) or Extra Large (35s)

189⁹⁹ per pack



Pampers Active Disposable Nappies Value Pack Size 1 (76s), Mini (68s), Midi (58s), Maxi (50s), Junior (42s) or Extra Large (36s)

189⁹⁹ per pack



Huggies Gold Disposable Nappies Value Pack Size 2 (66s), Size 3 (58s), Size 4 (50s), Size 4+ (44s) or Size 5 (42s)

199⁹⁹ per pack



Huggies Dry Comfort Disposable Nappies Value Pack Mini 66s, Midi 58s, Maxi 50s or Junior 44s

179⁹⁹ per pack



Entertainment e-vouchers

BOOM!

HOW TO BUY

- Go to your SPAR store
- Ask the cashier for a pre-paid Entertainment e-voucher
- Confirm your chosen e-voucher
- Load your pre-paid e-voucher on your device

Experience the world of pre-paid electronic vouchers.

Now available only at SPAR

Netflix, Spotify, Google Play, App Store & iTunes, Steam, PlayStation

Terms and conditions apply. See website for details.



IN-STORE SERVICES

Only Available at selected SPAR and SUPERSPAR Stores.

- PREPAID AIRTIME: Cell C, MTN, Vodacom
- MONEY TRANSFERS
- PREPAID ELECTRICITY: Eskom
- PENSION: SASSA
- PREPAID TELKOM: Telkom

Please Enquire At Your Store For Other Services That Are Available.

SLV1407

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