

TOP UP

your trolley for less!



Brookes
Oros Squash
Assorted
2 litre

32⁹⁹
each



SPAR
Still Spring Water
5 litre

16⁹⁹
each



Monster
Energy Drink
500 ml

27⁹⁹
each



Nestle
Cremora
750 g

37⁹⁹
each



Simba
Potato Chips
Assorted
132 g / 120 g

26⁰⁰
each



Joko
Teabags
100's

34⁹⁹
each



Doritos
Corn Chips
145 g / 150 g

15⁹⁹



Freshpak
Rooibos Tagless
Teabags
80's

34⁹⁹
each



Ina Paarmans
Salad Dressing
Assorted
300 ml

26⁹⁹
each



Nescafe
Ricoffy Instant Coffee
750 g

78⁹⁹
each



Tastic
Parboiled
Rice
2kg

25⁹⁹
each



Bakers
Red Label
Cream Biscuits
200 g

14⁹⁹



Coca Cola
Regular Only
1.5 litre

TV
Multi-Buy
Buy 4 and get
R2 off
Rewards Customers Pay
50⁰⁰



Black Cat
Smooth or Crunchy
Peanut Butter
(Incl. Sugar Free)
400 g

28⁹⁹



SPAR
Apricot Jam
900 g

26⁹⁹
each



Nola Mayonnaise
Slim Reduced Oil Salad
Dressing or Squeeze Bottle
Assorted
500g / 730g / 750g / 780g

24⁹⁹
each



Nola Mayonnaise
Slim Reduced Oil Salad
Dressing or Squeeze Bottle Assorted
500g / 730g / 750g / 780g

25⁹⁹
each



SPAR
Light Meat Shredded
Tuna in Oil or Water
170 g

OUR LOWEST PRICE
BUY 2 FOR
30⁰⁰



Jungle
Oats
1 kg

32⁹⁹
each



Bokomo
Wholegrain
Weet-Bix
900 g

42⁹⁹
each



SPAR
Cake Wheat
Flour
2.5 kg

28⁹⁹
each



SPAR
Instant Noodles
Assorted
5's

BUY 2 FOR
35⁰⁰



SPAR
Macaroni
or Spaghetti
500 g

BUY 2 FOR
22⁰⁰



Mrs Balls
Chutney
Assorted
470 g

24⁹⁹
each



Olive Pride
Extra Virgin Olive Oil
1 litre

Get
R8 off
Rewards Customers Pay
61⁹⁹

Specials available from 24 JANUARY at SPAR Aurora, Bellville, Brackenfell, Cape Quarter, Cedar (Bothasig), Century Village, Fish Hoek, Glenwood, Grassy Park, Groote Schuur, Hout Bay, Kasselsvlei, Old Oak, Palm Grove, Platteklouf, Protea Hoogte, Sea Point, Uitzicht, Vredokloof, Van Riebeeckshof, Yzerfontein, Woodstock Quarter & SPAR on 12th (Kensington) stores, up to and including 07 FEBRUARY 2022, while stocks last. Offers exclude George, Knysna & Plettenberg Bay stores. Prices include VAT. No traders please.