

Fridge



SPAR
Sliced Loaf
200 g

19⁹⁹
each



SPAR
Processed Cheese
Slices
400 g

43⁹⁹
each



SPAR
Daily Spread 40%
Fat Spread Tub
1 kg

29⁹⁹
each



SPAR
Feta
400 g

43⁹⁹
each



SPAR
Long Life
Cream
300 ml

40⁰⁰
each



SPAR
Full Cream Maas
2 kg

23⁹⁹
each

**OUR BEST
FOR LESS
DEAL!**



SPAR
Chicken or Chicken &
Cheese Polony
1 kg / 750 g

32⁹⁹
each

SAVE BIG WITH THESE!

Freezer



SPAR
IQF Mixed Chicken
Portions
5 kg

169⁹⁹
each



SPAR
Red or Smoked
Viennas
500 g

31⁹⁹
each



SPAR
Grillers 425 g or
Continental Russians
450 g

57⁹⁹
per pack



SPAR
Ice Cream
Assorted
2 litre

46⁹⁹
each



SPAR
Prime Beef Burgers
600 g

79⁹⁹
each



SPAR
Mixed Vegetables,
Country Mix or
Green Beans
1 kg

29⁹⁹
each



SPAR
Frozen Chips
Assorted
1 kg

32⁹⁹
each

Only the very best
gets the **SPAR** label



SUPERSPAR

