

# SPAR



Fancy a tasty looking dish on this page?

Recipes can be found at [www.spar.co.za/recipes](http://www.spar.co.za/recipes)

Beef Wellington | Apple Spring Rolls  
Portuguese Orange Custard Slice | Beef  
and Onion Stir Fry | Moroccan Avocado  
Hummus | Chicken Corn Sandwich

## DELICIOUSNESS served WARM this winter

SERVING SUGGESTION



SPAR Bakery  
Brown Toaster Bread  
700g

**14<sup>99</sup>**  
each



SPAR Bakery  
White Toaster Bread  
700g

**15<sup>99</sup>**  
each



SPAR Bakery  
White or Brown  
Hot Dog or  
Hamburger Rolls  
Assorted  
6s

**15<sup>99</sup>**  
per pack



**24<sup>99</sup>**  
each

SPAR Bakery  
White & Olive  
Ciabatta



**41<sup>99</sup>**  
per pack

SPAR Bakery  
Large Wraps  
Assorted  
8s



**39<sup>99</sup>**  
each

SPAR Bakery  
Rusks  
Assorted  
400g



**67<sup>99</sup>**  
per pack

SPAR Bakery  
Muffins  
Assorted  
12s



**117<sup>99</sup>**  
each

SPAR Bakery  
Cake Range  
Assorted  
1s



**11<sup>99</sup>**  
each

SPAR Bakery  
Stackers  
Assorted  
4s



SPAR  
freshline  
Ready to  
Heat  
Premium  
Soup  
Range  
500g

**39<sup>99</sup>**  
each



SPAR  
freshline  
Ready to  
Heat Basic  
Soup Range  
500g

**34<sup>99</sup>**  
each



**39<sup>99</sup>**  
each

SPAR  
freshline  
Strawberries  
400g



**19<sup>99</sup>**  
per pack

SPAR  
freshline  
Avocado  
Value Bag  
1kg



**19<sup>99</sup>**  
per bag

SPAR  
freshline  
Red or Golden  
Delicious  
Apples  
1.5kg



**16<sup>99</sup>**  
per pack

SPAR  
freshline  
Bananas  
750g



**16<sup>99</sup>**  
per bag

SPAR  
freshline  
Oranges  
2.5kg



**22<sup>99</sup>**  
per pack

SPAR  
freshline  
Onions  
2kg



**29<sup>99</sup>**  
per bag

SPAR  
freshline  
Potatoes  
3kg

freshline

Bakery

TENDER  
TASTY

STEAK  
CO.

SPAR  
Select

Specials available at SPAR, SUPERSPAR and KWIKSPAR stores in the Western Cape from 21 June 2022 up to and including 3 July 2022, or while stocks last. We reserve the right to limit quantities. Prices include VAT. No traders please.