



**MAKE EVERY DAY FRY-DAY!**

Whichever way you fancy your fries - skinny, chunky or seriously slap - we've got your flavour! And now new SPAR Steakhouse Chips join the line-up: extra length and thick cut. Happy Fry-Day!

**5star** Cadbury 5 Star Ice Cream Stick 80 ml **232<sup>99</sup>**

**Nutriday** Smooth Dairy Snack 6 x 100g **15<sup>99</sup>** per pack

**Namimilk** Dairy Everyday Yoghurt 1 kg **32<sup>99</sup>** each

**Dairyland** Country Fresh Ice Cream 2 litre **54<sup>99</sup>** each

**Namimilk** Yoghurt Shake 1 litre **19<sup>99</sup>** each

**Clover** Medium Cream Maas 2 kg **36<sup>99</sup>** each

**Fairview** Traditional Camembert or Brie Cheese 125 g **31<sup>99</sup>** each

**Lancewood** Creamed Smooth Cottage Cheese 230 g **30<sup>99</sup>** each

**Clover** Butiro Butter Spread 500 g **59<sup>99</sup>** each

**Eskort** Cheese Grillers 500 g **47<sup>99</sup>** each

**McCain** Stir Fry Assorted 700g **33<sup>99</sup>** each

**McCain** Country Cook Vegetable Mix 250g **13<sup>99</sup>** each

**Fish Fingers** Sea Harvest Fish Fingers 800 g **72<sup>99</sup>** each

**Nam Chicken** Whole Bird (without giblets) **59<sup>99</sup>** per kg

**Nam Chicken** Breast Fillet 4 piece **82<sup>99</sup>** per kg

**My Butchery choice**

**Beef Pump Steak** **169<sup>99</sup>** per kg

**Pork Pack** **79<sup>99</sup>** per kg

**Lamb Stew** **109<sup>99</sup>** per kg

**My Deli choice**

**Eskort** Liver Spread 250 g **12<sup>99</sup>** each

**SPAR** Windhoek Sausage Premium Quality 125 g **32<sup>99</sup>** each

**Hartlief** German Cooked Ham **199<sup>99</sup>** per kg

**Hartlief** Kalbshfleisch **299<sup>99</sup>** per kg

**Bonita** Gouda or Cheddar Cheese per kg **109<sup>99</sup>** per kg

**My Bakery choice**

**Eight Inch Cake** **69<sup>99</sup>** each

**Graubrot** **21<sup>99</sup>** each

**Banana Bread** **19<sup>99</sup>** each

**SPAR** Cheese & Onion Loaf **28<sup>99</sup>** each

**Cinnamon Bun** **13<sup>99</sup>** each

**My Chef choice**

**Goulash Soup** Buttered Bröchen **29<sup>99</sup>** each

**Chickpea Chicken** Griller Meal For 2 (Griller + Chips 300 g + Coca Cola 2x 600 ml) **119<sup>99</sup>** per combo

**WINE SELECTION**

**Tafel Lager** NRB or Cans 6 x 330ml **48<sup>99</sup>** per pack

**Windhoek** Beer Lite NRB 6 x 330ml **56<sup>99</sup>** per pack

**#NO** aware.org Not For Persons Under The Age Of 18.

**SPAR**

Specials available at listed SPAR stores in Namibia from 24 May 2022 up to and including 06 June 2022, while stocks last. We reserve the right to limit quantities. Prices include VAT.