

# GO BIG WITH THESE GREAT SAVINGS

**Cuddlers**  
Jumbo Pack  
Diapers  
Assorted  
Sizes

**169<sup>99</sup>** per pack

**AS SEEN ON TV**

**SPAR**  
Dish Wash-It  
Refill  
750 ml

**21<sup>99</sup>** each

**Get R5 off**  
Rewards Customers Pay

**44<sup>99</sup>**

**SPAR**  
Toilet Rolls 2-ply  
350 Sheets  
9's

**AS SEEN ON TV**

**Pantene**  
Shampoo or  
Conditioner  
400 ml

**BUY ANY 2 FOR** **79<sup>99</sup>**

**Stayfree**  
Maxi Sanitary  
Pads  
8's / 10's

**BUY ANY 2 FOR** **20<sup>00</sup>**

**Nivea**  
Anti-Perspirant  
Roll On  
50 ml

**19<sup>99</sup>** each

**LUX**  
Soft Care  
Soap  
175 g

**13<sup>99</sup>** each

**Colgate**  
Total Toothpaste Range  
75 ml

**35<sup>99</sup>** each

**1 WASH TRAYWASH**  
WHITES & COLOURS

**ARIEL**

**2 kg**

**72<sup>99</sup>** each

**Ariel**  
Auto Washing Powder 2 kg,  
Capsules 14's or Auto Liquid  
1.1 litre or 1.5 litre

**SPAR**  
Pro-Balance Dog Food  
(incl. Puppy)  
8 kg

**199<sup>99</sup>** per pack

**Husky**  
Canned  
Dog  
Food  
775 g

**27<sup>99</sup>** each

**Epul**  
Purina Cat Food  
1.8 kg

**59<sup>99</sup>** each

**GENDER  
BASED  
VIOLENCE**

Together we can **END** Gender  
Based Violence in our communities

Call or WhatsApp 0800 150 150  
for help 24/7. [www.spar.co.za/gbv](http://www.spar.co.za/gbv)



Women and girls  
should never miss out

**Petals  
Classic**

**Only R6**  
for 8 maxi  
pads

That's why we continue to ensure that quality sanitary  
protection is available at the lowest possible price.

**SPAR**

**WE'RE  
TURNING**

**59**

\*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product featured.

**SPAR**

Let's   
**chat**

**0860 313 141**

Add SPAR as a contact on WhatsApp.  
Say "Hello" to make sure you never miss a chance  
to SAVE, get all the latest specials, store details,  
Rewards and more!

**SPAR**

**SPAR**  
**Rewards**  
Instant Savings

Exclusive to **SPAR Rewards** customers.  
Sign up today! Dial \*120\*7070#. It's **INSTANT!**

Find us on [f /myspar](https://www.facebook.com/myspar)

For more info: [www.spar.co.za](http://www.spar.co.za)

Specials available from **08 AUGUST** at **SPAR** Aurora, Bellville, Brackenfell, Cape Quarter, Cedar (Bothasig), Century Village, Fish Hoek, Glenwood, Hout Bay, Kasselsvlei, Old Oak, Palm Grove, Platteklouf, Protea Hoogte, Sea Point, Uitzicht, Vredeloof, Van Riebeeckshof, Yzerfontein & Woodstock Quarter stores, up to and including **21 AUGUST 2022**, while stocks last. Offers exclude George, Knysna & Plettenberg Bay stores. Prices include VAT. No traders please.