

**Parmalat**  
Smooth or Yum  
Chums Yoghurt  
Assorted  
6s

**16<sup>99</sup>** each

**Nutriday**  
Low Fat Dairy Snack  
1 kg

**27<sup>99</sup>** each

**SPAR**  
Margarine Tub  
500g

**28<sup>99</sup>** each

**McCain**  
Skinny or Slap  
Frozen Chips  
1 kg

**34<sup>99</sup>** each

**Nu-Laid**  
Large Eggs  
18's

**34<sup>99</sup>** each

**McCain**  
Country Crop  
Vegetable Mix  
250g

**BUY 2 FOR**  
**23<sup>00</sup>**

**freshline**

**Freshline**  
Soft Citrus  
1 kg

**8<sup>99</sup>** each

**Freshline**  
Potato  
2 kg

**25<sup>99</sup>** each

**Freshline**  
White or Portabellini  
Mushrooms  
250 g

**BUY 2 FOR**  
**35<sup>00</sup>**

**CHIKKA CHICKEN**

Chikka Chicken  
2 Piece (1 x drumstick  
& 1 x Wing) and Chips

**30<sup>00</sup>** per combo

SERVING SUGGESTION

**DELICIOUS**  
Pasta Meals  
Assorted  
300 g

**47<sup>99</sup>** each

**DELICIOUS**  
Russian & Chips

**20<sup>00</sup>** per combo

**SPAR Select**

**SPAR Select**  
Bulk Beef Sirloin  
Steak

**139<sup>99</sup>** per kg

SERVING SUGGESTION

**Elim**  
Spiced Beef  
125 g

**27<sup>99</sup>** each

**Apple Crumble**

**51<sup>99</sup>** each

**Sourdough**  
French Loaf Large

**10<sup>99</sup>** each

**SIP, SNACK, SAVOUR**

**Haute Cabriere**  
Chardonnay Pinot Noir  
750 ml

**94<sup>99</sup>** each

**Leopard's Leap**  
Merlot, Cabernet,  
Sauvignon,  
Shiraz or  
Pinotage  
750 ml

**64<sup>99</sup>** each

**Lancewood**  
Cheese  
900 g

**104<sup>99</sup>** each

**Kiri**  
Cream Cheese  
216 g

**51<sup>99</sup>** each

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Not For Persons Under The Age Of 18.