

HEALTHY LIVING, HEALTHY EATING

Sugar-free, vegan, GMO-free, low-carb – whatever your choice, we have it.

24⁹⁹
each

SPAR
Corn Cakes
110 g



Good Life
Peanut Butter
Assorted
500 g

39⁹⁹
each



Austin
Tuna Salad
Assorted
185 g

23⁹⁹
each



Little Bee
100% Pure
Honey
375 g

49⁹⁹
each



SPAR
Soya Milk
Assorted
1 litre

24⁹⁹
each

Spice up your family's favourites!



Ina Paarman's
Kitchen
Pesto
Assorted
125 g

33⁹⁹
each



Robertsons
Rajah
Curry Powder
Assorted
200 g

26⁹⁹
each



Royco
Dry
Cook in Sauce
Assorted
37 g - 55 g

13⁹⁹
each



Knorr
Cup-A-Soup
Assorted
(incl.
Cup-A-Snack)
4s

BUY
ANY
2
FOR **29⁰⁰**



Knorr
Packet Soup
Assorted
(incl. Tasty Range)
50 g

BUY
ANY
3
FOR **12⁰⁰**



Robertsons
Spice Refill
Assorted
64 g - 100 g

BUY
ANY
2
FOR **24⁰⁰**

SUPERSPAR



Specials only available at selected **SUPERSPAR** stores in the Eastern Cape from 21 June up to and including 3 July 2022, while stocks last. We reserve the right to limit quantities. Prices include VAT.