



Roast
Lamb

Delico
Lamb Leg
Bone In
129⁹⁹
per kg

Bulk
Stewing Beef
71⁹⁹
per kg

Ostrich is a tasty low-fat alternative

Delico
Lamb Chops
Best End

134⁹⁹
per kg

Low in fat, High in protein,
Low in collagen. A good
source of biologically available
iron. Low in kilojoules.

SPAR
Select
Ostrich Prime
Steak
400g

59⁹⁹
each

Ostrich Goulash

SPAR
Select
Ostrich Steak
Goulash
400g

49⁹⁹
each

BUTCHERY SPECIALS ONLY AVAILABLE FROM DATES: 21 - 26 JUNE 2022 | PORK PRODUCTS ONLY AVAILABLE AT SELECTED STORES



SPAR
Select
Pork Loin
(previously frozen)
59⁹⁹
per kg



SPAR
Select
Pork Shoulder
(previously frozen)
45⁹⁹
per kg



Delico
Lamb
Skilpadjies
84⁹⁹
per kg