

These products could win you 1 of 50 CARS



GROCERIES

SPAR Cake Wheat Flour 2.5 kg / 5 kg / 10 kg / 12.5 kg	SPAR Super Maize Meal 2.5 kg / 5 kg / 10 kg / 12.5 kg	Tastic Parboiled Rice Assorted 2 kg	SPAR Sunflower Cooking Oil 750 ml / 2 litre / 4 litre / 5 litre	SPAR Canola Oil 750 ml / 2 litre	Sunfoil Sunflower Cooking Oil 2 litre	SPAR Refined White Sugar 2 kg / 2.5 kg / 5 kg / 10 kg / 12.5 kg	SPAR Brown Sugar 2 kg	
SPAR Extra Shelf Life Milk Assorted 2 litre	SPAR Long Life Milk Assorted 6 x 1 litre	SPAR Shredded Tuna Assorted 170 g	Nola Mayonnaise Assorted 730 g / 750 g / 780 g	Crosse & Blackwell Tangy Mayonnaise 750 g	All Gold Tomato Sauce 700 ml	Wellington's Tomato Sauce 700 ml	Koo Baked Beans in Tomato Sauce (Excl. Lite and Variants) 400 g	Robertsons Rajah Curry Powder Assorted 100 g
Kellogg's Cornflakes 1 kg	Kellogg's Coco Pops, Froot Loops or Vanilla Rice Krispies Assorted 340 g / 350 g / 375 g / 400 g	Jungle Oats 1 kg	Bokomo Weet-Bix 900 g	Yum Yum Peanut Butter Assorted 400 g / 380 g / 390 g	Black Cat Peanut Butter Assorted 400 g	OROS Squash 2 litre	Brookes Orons Assorted 2 litre	SPAR Still Spring Water 5 litre
Five Roses Tagless Teabags (Ceylon Blend Only) 100s	Freshpak Rooibos Tagless Teabags 80s	Nescafé Gold Coffee Jar 200 g Incl. Doy 220 g 200 g / 220 g	Jacobs Krönung Coffee or Refill Assorted (Excl. Decaf) 200 g / 230 g	Douwé Egberts Instant Coffee Assorted (Incl. Pouches) 200 g / 230 g	Nescafé Ricoffy Tin 750 g or Pouch 800 g 750 g / 800 g	Cremora Coffee Creamer 750 g		

BREAKFAST

Super Savings



SWIPE, SAVE & WIN

SPAR



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CHILLED AND FROZEN



SPAR
Daily Spread
40% Fat Spread Tub
1 kg



Stork
Country Spread
40% Fat Spread Tub
1 kg



SPAR
Margarine Brick
500 g



Rama
Original
70% Fat Spread Brick
500 g



SPAR
Butter Brick
500 g



Clover Butro
Full Cream Modified
Butter Spread
500 g



SPAR
Vanilla Custard
1 litre



Danone
Ultramel Custard
Assorted
1 litre



SPAR
Full Cream Maas
2 kg / 4 kg



SPAR
Prepacked Cheese
Assorted
700 g



Parmalat
Prepacked Cheese
Assorted
(Incl. President Mature Cheese 800 g)
850 g



Danone
NutriDay
Smooth Yoghurt
Assorted (Excl. Fruit)
6 x 100 g



Clover Bliss
Yoghurt
Assorted
1 kg



SPAR
Full Cream or Double Cream
Yoghurt
1 kg



SPAR
Ice Cream
1,8 litre



Ola
Rich 'n Creamy
Ice Cream
Assorted
1,8 litre



Parmalat / Melrose
Cheese Slices
Assorted
(Incl. President Gourmet Slices 380 g)
400 g



SPAR
Processed Cheese Slices
400 g



SPAR
Cold Meat
Assorted
200 g



SPAR
French Polony
2 kg



SPAR
Red or Smoked Viennas
(Excl. Chili, Cheese and Chicken)
500 g



SPAR
Southern Style
Crumbed Chicken
Assorted
500 g



SPAR
Frozen Potato Chips
Assorted
1 kg



SPAR
IQF
Mixed Chicken Portions
2 kg / 4 kg / 5 kg



SPAR
Frozen Carrots,
Corn & Peas Mix
1 kg

BEVERAGES



SPAR
Flavoured Smoothie
Assorted
1 litre / 5 litre



SPAR
100% Fruit Juice Blend
Assorted
1 litre



Liqui Fruit
100% Fruit Juice Blend
Assorted
1 litre / 2 litre



Monster
Energy Drink
Assorted (Incl. Zero)
500 ml



Red Bull
Energy Drink
Assorted
355 ml



Energade
Ready-To-Drink Sports Drink
Assorted
500 ml



Energade
Ready-To-Drink Sports Drink
Assorted
6 x 500 ml



SPAR
Carbonated Soft Drink
Assorted
2 litre



Coca-Cola
Regular
2 litre

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WIN A CAR

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SNACKS



Cadbury
5 Star, Lunch Bar, P.S., Astro's
or Crunchie
Assorted
48,5 g / 44 g / 48 g / 40 g



Cadbury
DAIRY MILK
Chocolate Slabs
Assorted (Excl. Bubbly)
80 g



Nestlé
Kit Kat, Aero, Bar-one, Smarties,
Tex, Chocolate Bars
40 g / 41,5 g / 52 g



Nestlé
Kit Kat
Chocolate Slabs
Assorted
80 g / 85 g



Bakers
Marie Biscuits
Assorted
200 g



Bakers
Tennis Biscuits
Assorted
200 g



Simba
Potato Chips
Assorted
120 g



Lay's
Potato Chips
Assorted
120 g

PERSONAL CARE



SPAR
Foam Bath
Assorted
2 litre



Vaseline
Body Lotion or Cream
Assorted (Incl. Argan Oil)
400 ml
Assorted



Nivea
Body Lotions or Creams
Assorted
400 ml



Nivea
Roll On Deodorant
Assorted
50 ml



Shield
Roll On Deodorant
Assorted
50 ml



SPAR
2 Ply Toilet Rolls
350 sheets
18s



Baby Soft
2 Ply Toilet Rolls
350 Sheets
18s

BABY



Huggies
Dry Comfort Nappies
or Pants Jumbo Pack
(Incl. Gold Value Pack)
Assorted

HOUSEHOLD



Sunlight
5in1 Handwash Powder
Assorted
2 kg / 3 kg



SPAR
Roller Towels
2s



Omo
Auto Washing Powder,
Liquid or Capsules
Assorted
3 kg / 2 litre / 24s

PET



SPAR
Woof Dry Dog Food
Assorted
8 kg



Husky
Canned Dog Food
Assorted
775 g



Pamper
Fine Cuts Multipack
Assorted
12s

BRAAI



SPAR
Firelighters
12s



SPAR
Charcoal
Briquettes
5 kg

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