



UNLEASH YOUR INNER CHEF

with **nutrifresh**TM

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TERMS AND CONDITIONS

1. For every R100 you spend per transaction at any SPAR, SUPERSPAR, KWIKSPAR, SaveMor and TOPS at SPAR store, you will receive one sticker.
2. Stickers should be applied to the collector card.
3. Buy any participating product and swipe your *R*ewards card to redeem a BONUS sticker.
4. A collector card complete with 30 stickers enables you to purchase one nutrifreshTM product at the discounted price from the range on display in-store. Take the product of your choice to the cashier together with your completed collector card to redeem at the till point.
5. Third party payments e.g. utility bills, as well as airtime, baby formula and lottery transactions do not qualify for stickers.
6. Stickers may be collected between 22 July and 8 November 2026.
7. Completed collector cards may be redeemed until 22 November 2026.
8. Collector cards which have been altered, amended, defaced, photocopied, damaged or do not bear appropriate stickers will be refused redemption.
9. Collector cards are valid for the redemption of one product only, after which the card must be handed in to the cashier and cannot be used for further redemptions.
10. Errors and omissions excepted (E&OE). Selected items may not be available at certain stores. While stocks last.
11. nutrifreshTM products may also be purchased at the full recommended retail price.
12. Returns will not be possible without the receipt for the cash amount paid.
13. The collector card and stickers MAY NOT be used for resale. Offenders will be prosecuted.
14. Although stickers may be collected at any SPAR, SUPERSPAR, KWIKSPAR, SaveMor and TOPS at SPAR store, nutrifreshTM products may only be redeemed at SPAR, SUPERSPAR, KWIKSPAR and SaveMor stores.
15. The nutrifreshTM and SPAR promotion applies to stores in South Africa, Namibia, Botswana and Eswatini. Visit www.spar.co.za for more information.
16. nutrifreshTM is a registered trademark used under license by TCC Global N.V.